

# GRACE NOTES

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## But We've Always Done It This Way...

In light of the anticipated re-districting, I have been exploring the subject of change and how most of us find it difficult and somewhat disconcerting. I have come to the conclusion that change is inevitable. I have heard it said "Things change", I know this has been true, in my short time here in Wisconsin many people have said to me, "If you don't like the weather, wait five minutes and it will change." All of us experience change in our lives, some for the better and some not so much, but change none the same. All organizations, like people face change. Look no farther than the retail businesses of today, more and more brick and mortar stores are struggling or closing only to be replaced by online retailers like Amazon and others. Our church district is facing a change, but we must keep

in mind that God is still in control and with Him we have nothing to fear. I came across this information from a seminar on change by a group called, Alternative Resolutions I hope you find it as thought provoking as I did.

*Change is inevitable. More and more organizations today face a dynamic and changing environment. The oft-heard rallying cry in today's organizations is "Change or die." Survival in today's global economy requires organizations to be flexible and adapt readily to the ever-changing marketplace. Change has become the norm. It is as necessary for organizations to pay as much attention to the psychological and social aspects of change as they do to the technological aspects. Organizational change occurs only when the forces that promote it*



*overcome those that resist it. An organization's need for change often conflicts with its members' need to maintain their sense of personal security. Thus, people and organizations naturally tend to resist change. To overcome resistance and create a future that embraces collective organizational change, the change agents must help people understand why change is necessary and desirable before they will accept it. Successful organizations foster a positive attitude*

*toward change by anticipating it and purposefully planning for change. Change must be addressed in an intentional, goal-oriented manner. Change is something that people should do, not something that is done to them. People are more comfortable with change when they participate in planning for or implementing it because they gain some sense of control which reduces their fears.*

In the words of Theodore Roosevelt, "We have nothing to fear, but fear itself". Isaiah 41:10 tells us not to fear for God is with us and will uphold us with His righteous right hand. Let us put our trust in God and leave our fears and worries behind.

Elder Joseph Perricellia

## GOD'S BLESSING AWAITS

Yesterday when I went out to feed the horses at the end of a very stressful day, I couldn't help but smile when my horse came running to me. He may be ugly to most, but his heart full of love and expectation, his old energy cannot hide his eagerness. As I bent over the feed bins to clean them out, he stood right beside me, alternating between gentle muzzles on my back, but mostly just head going back and forth, in his usual banter of asking for his grain to be placed. I didn't have a grain bucket. All I had was empty hands-except for the old hay I was cleaning out. That didn't slow him in the least-he'd look at me, and then back to where he expected his bucket of grain to arrive-repeatedly asking with his gentle eyes. There was an air of impatience, as I continued to clean out the bins. Forgotten were the pressures of the day-just me and him-and who can resist such a persistent request? I finished the job after some time, and walked back to get his grain bucket. He followed at my shoulder-and then stood there, waiting for me to place the bucket. When I finally did, he eagerly put his muzzle right into the middle-and came up crunching happily, grain

*(Continued on page 2)*

*(Blessing-Continued from page 1)*

dropping from the sides of his mouth. He looked at me as if to say "Thank you, I knew you'd come through" and then planted a big wet grainy kiss on my face. I wrapped my arms about his neck, and laid my head on his shoulder.

It made me think about how God must feel when we come running to him with full expectation of his blessing-when we dig in his word, expecting to be fed-in full faith that He WILL come through.

*Written and submitted by Emily Thurman*

## Working Your Way to...?

We are not citizens of this world trying to make our way to Heaven; we are citizens of Heaven trying to make our way through this world. That radical Christian insight can be life-changing. We are not to live so as to earn God's love, inherit Heaven, and purchase our salvation. All those are given to us as gifts; gifts bought by Jesus on the cross and handed over to us. We are to live as God's redeemed, as heirs of Heaven, and as citizens of another land: the Kingdom of God...We live as those who are on a journey home, a home we know will have the lights on and the door open and our Father waiting for us when we arrive. That means in all adversity our worship of God is joyful, our life is hopeful, our future is secure. There is nothing we can lose on earth that can rob us of the treasures God has given us and will give us.

*--Written by a monk in Lindisfarne, England around 700 A.D.*

"For our citizenship is in Heaven, from which we also eagerly wait for the Savior, the Lord Jesus Christ. Philippians 3:20

## THE 12 TRIBES OF ISRAEL

### **Naphtali**

This month we will talk about Naphtali, the 6<sup>th</sup> son of Jacob. But first let's review of the sons we have already covered;

**Rueben:** was well-meaning but easily swayed. Not a firm decision-maker.

**Simeon:** was mean, violent and opinionated.

**Levi:** tended toward violence like his brother Simeon, but as a tribe, they took a firm stand for God's honor and God blessed his descendants for that.

**Judah:** was a prosperous and intelligent leader.

**Dan:** was intelligent but he was a criticizer of others. He was also a gossiper, a traitor, and a backbiter.

The 12 precious stone foundations of the New Jerusalem are inscribed with the names of the 12 disciples. Rev. 12:14

The stones are similar in both breastplate the High Priest wore and in the foundations of the New Jerusalem. This forms the links between the tribes and the apostles.

Reuben was paired with Thaddaeus, Simeon was paired with Simon the Zealot, Judah with Thomas, Dan the son of Jacob and Judas the disciple are out.

Levi was paired with Matthias. Levi took the place of Dan and Matthias took the place of Judas.

Naphtali was Jacob's sixth son, the second child of Bilhah, Rachel's servant. The child's name means "my wrestling" or "my struggle" which reflects Rachel's rivalry with Leah for bearing children to Jacob. At his birth the frustrated Rachel ex-

claimed "With mighty wrestling's I have wrestled with my sister and, and have prevailed." (Gen 30:1-8).

Naphtali was a quiet and studious man. He represents the earnest worker who accomplishes a great deal while staying in the background. Jewish records suggest that Naphtali was a speedy runner, and that he had a quick mind and pleasant manner with an easy way of speaking. For these reasons he was chosen by Joseph as one of the five brothers who should represent the family when the prime minister should introduce his clan to Pharaoh. The grace of his speech and the charm of his personality would have qualified him to take on court responsibilities with ease. In fact, generations later we find among Solomon's court officials Ahimaaz, of the tribe of Naphtali, specifically noted for having married Basmath, one of the king's daughters. 1kings 4:15.

In his dying prophecy Jacob

declared: "Naphtali is a hind let loose; he giveth goodly words" Gen 49:21. In using this metaphor he depicted his son as alert, quick to sense danger, swift in flight, and easy and graceful in motion. Some scholars think that Naphtali's wandering tendencies were being alluded to in the phrase of Jacob's blessing, "a deer, let loose" (Gen 49:21).

He was intelligent, affectionate, tender, lovable and gentle, and possibly a handsome man. Ancient Jewish legends have it that he died in Egypt at the age of 132 years.

The Naphtalities played an important part in the two conflicts led by Deborah and Gideon (Judg 4:6, 10; 5:18; 6:35; 7:23). Barak, the son of Abinoam, who commanded the armies under Deborah's direction, was from Naphtali (Judg 4:6). The song of Deborah praises Zebulun and Naphtali for their bravery in defeating

*(Continued on page 3)*

*(12 Tribes-Continued from page 2)*

Sisera and the Canaanites (Judg 5:18). When David became ruler over all of Israel after Saul's death, the tribe of Naphtali joined the new king at Hebron with a large army. They also brought food and provisions for the armies (I Chr 12:34, 39-40).

In the Blessing of Moses, Naphtali is mentioned as being "full of the blessing of the Lord". Deut 33:23. They were to possess land to "the west and the south" (Deut 33:23). This phrase de-

scribes the territory adjacent to the western shore of Galilee and extending northward (Josh 19:32-39). Joshua 19:35 shows that there were many fortified cities in Naphtali. Naphtali was one of the few tribes who actually took possession of their assigned territory fully.

The location in Canaan was not without danger. Even though it had fortifications, since it lay far to the north, it was easy prey for the invading Syrians during Baasha's reign.

Isaiah alludes to the sufferings of Naphtali in his prophecies, and promises that they will once again see light and receive comfort (Is 9:1-7). An interpretation of this prophecy is later given in the NT, when Jesus initiates his ministry in the region of Galilee and calls his first disciples from its shores (Matt 4:13-22).

Inspiration reveals that the Light of the world would first shine in Naphtali. Matt. 4:13-16. In Galilee Jesus performed more miracles and spoke more gracious words

and helped more needy persons than anywhere else. People like Naphtali will be among the sealed remnant. Rev. 7:6 and march into the City of God through the pearly gate inscribed with his name. Naphtali developed a character which Providence decided was safe to save. Nathaniel, also called Bartholomew, is his counterpart in the foundation of the city. He left no book, wrote no epistle, preached no sermon, yet God's kingdom has a place for all like him.

*Submitted by: Freddie Ramirez*

## Elder's Corner

### CONVICTION CONFUSION

As most of you know the churches in our district have chosen to do the "Shadow Empire" and "Pale Horse Ride" programs put out by the Voice of Prophecy. It was decided that I would be the moderator at the Wisconsin Rapids church and would lead out in getting all the preliminary setup activities organized.

Well, we formed a planning group and spent months getting everything ready to go. The church brothers and sisters helped by passing out thousands of invitations, to go along with the radio station, Wisconsin Christian News and Wisconsin Rapids Tribune ads. Also, many were praying for the people to accept the invitation and have a good turn-out for this special program. All we could do was done and we were ready to go.

Thursday, September 28, 2017 came and people at the church were completing the final setups to get everything in place for our guests to come to the program. Before I knew it, 7:00 p.m. was here and the program needed to start. We had a good turnout in the church, and other than a few unexpected equipment glitches (due to Satan), the program went well and people seemed to enjoy what was presented.

Success...right? Well, not exactly in my mind. I was fighting one main result - the number of non-members that showed up, which was ONE. Yes, all that work and only one non-member attended, and I started asking the Lord, why? It was not until I had a chance to slow down and think and talk to the Lord that I realized a couple points that I should have realized from the start.

First, our members are just as important in the Lord's eyes as those coming from outside the church. So many times, when people come into the church and become members, they are put into a "members bucket" and

*(Continued on page 7)*

# MONTHLY HEALTH NUGGET

## The 5 Second Rule, the "research" continues

Have you ever heard anyone invoke the "5 second rule" after dropping a piece of food on the floor? The idea behind this rule is that food that is picked up in fewer than 5 seconds after hitting the floor has not had time to attract germs, and is safe to eat. The rule goes on to imply that food remaining on the floor longer than 5 seconds is likely to have become contaminated and should not be eaten.

While this rule has been tested on the Discovery Channel's MythBusters in a quasi-scientific manner (and by the way, did not pass muster), it has also been evaluated in at least three, more rigorous, scientific studies. The first report evaluating the "5 second rule" was published by a researcher at the University of Illinois in 2003. This study involved dropping gummy bears and fudge-striped cookies onto floor tiles that were contaminated with *E. coli* bacteria (a preliminary survey performed by this researcher had indicated that people were more likely to pick up candy than, say, broccoli). In every instance, the food items became contaminated in 5 seconds or less, dispelling the notion that it is safe to eat food that has been on the floor for any length of time.

Claiming that this study was not representative of what actually happens in the "real world", two student-researchers at Connecticut College designed a study to test the rule in an everyday environment. They dropped food samples (apple slices and Skittles) onto the floors of the college dining hall and snack bar. The food samples were allowed to remain on the unaltered floor for various lengths of time from 5 seconds to 5 minutes. Interestingly, no bacteria were present on the foods that had remained on the floor for 5, 10 or 30 seconds, lending support to the "5 second rule." The apple slices did pick up bacteria after one minute, however, and the Skittles became contaminated with bacteria after remaining on the floor for 5 minutes.

The most recent study on the subject, performed at the Aston University's School of Life and Health Sciences in England, found similar results as the "Skittles" study. While the initial contact of various foods with the floor was found to transfer a small amount of bacteria, the longer that food remained on the floor the greater the contamination. Moist foods left on the floor for longer than 30 seconds picked up 10 times more bacteria than when picked up prior to the 5 second "deadline". Interestingly, carpeted floors were less likely to transfer bacteria to a dropped piece of food.

My take on this rule: if food lands on a contaminated surface it can pick up disease-producing bacteria almost immediately. If it lands on a clean surface, it could conceivably remain safe to eat for hours. The problem is that without biologic testing of the surface, it is impossible to know if the surface is clean or contaminated. It is probably true; however, that the shorter the period of time that food remains on the floor the less likely it is to attract bacteria. The next time you see someone drop some food on the floor, rather than calling out "5 second rule" it is probably best to say, "When in doubt, toss it out".

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*Submitted by; Freddie Ramirez*

## **COCONUT OIL UNFAIRLY ATTACKED**

In June 2017, the American Heart Association (AHA) blasted coconut oil in a public relations piece, posing as “science,” as part of a larger attack on “saturated fats.” Carotec co-founder Tom Valentine extolled the benefits of coconut oil in the 1990’s in radio interviews with Dr. Mary Enig who explained how coconut oil was maligned. Carotec has used coconut oil in formulas long before it became popular.

The AHA admitted there are no studies directly indicting coconut oil: “Clinical trials that compared direct effects on CVD (Cardiovascular Disease) of coconut oil and other dietary oils have not been reported.”

So, why the fuss? The AHA cherry-picked four studies to make the wrong-headed conclusion that saturated fats increase cholesterol levels, which in turn, increases cardiovascular disease. The selected studies are problematic.

For instance, the study which provided the largest number of participants (skewing results) was not a randomized control trial; and it involved hospital patients who were being treated with antipsychotic medications which were later found to increase heart disease.

Studies which were favorable to the idea that saturated fats are not implicated in heart disease or may be beneficial for heart health and cancer prevention were excluded.

Many factors impair cardiovascular health, such as hydrogenated fats, fluoridated water and many prescription drugs, particularly by causing inflammation.

The hydrogenation issue is the elephant in the room so to speak and as Dr. Enig wrote in 2009, many of the studies used to blame coconut oil for possible cardiovascular ill-health were done with hydrogenated coconut oil.

Dr. Enig wrote on Westonprice.org that “saturated fats do not clog arteries, whether they are the short- and medium-chain type in coconut oil or the longer chain fatty acids in beef, cream and cheese.”

Even *The New York Times* on March 1, 2011 confirmed what Dr. Enig wrote by quoting Thomas Brenna, professor of science at Cornell University, who told the *Times*, “Most of the studies involving coconut oil were done with partially hydrogenated coconut oil, which researchers used because they needed to raise the cholesterol levels of their rabbits in order to collect certain data.” Dr. Brenna said, “Virgin coconut oil, which has not been chemically treated, is a different thing in terms of a health risk perspective. And maybe it isn’t so bad for you after all.”

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Yes, you read that correctly: even *The New York Times* wrote that hydrogenated oils were used to raise cholesterol levels. The tepid “isn’t so bad for you after all” doesn’t go nearly far enough, though, because coconut oil’s benefits include its powerful antibacterial and anti-microbial properties, as well as the fact it is used by the body for a solid source of “energy” rather than storage.

Dr. Enig wrote that flawed coconut oil studies didn’t only involve the cholesterol/heart disease fallacy but also, in the area of cognitive function. Dr. Enig wrote “it is important to explain why so many animal studies get negative results for coconut oil. The coconut oil used in laboratory studies is usually fully hydrogenated coconut oil. The process of full hydrogenation gets rid of all the unsaturated fatty acids in coconut oil. Researchers began using fully hydrogenated coconut oil to study the effects of essential fatty acid deficiency—they used coconut oil because it is the only fat that can be fully hydrogenated and still be soft enough for rats to eat. The poor results obtained in these studies—such as mental impairment—are due to essential fatty acid (EFA) deficiency and not the fault of the saturated fats in coconut oil. It is extremely deceitful for commentators to blame coconut oil in studies such as these—as they often do.”

Coconuts and coconut oil have been used for thousands of years in native diets without any indication that coconut oil contributed to heart (or other diseases); in fact, population studies showed less cardiovascular insult in those who consumed coconut and other tropical oils. In the 20<sup>th</sup> century, polyunsaturated vegetable oils became an industry favorite and science was “bought” to attack saturated fats to favor certain vegetable oil interests.

AHA scientists are not stupid people but rather part of an organized movement to keep people misinformed enough not to deeply question our food supply and pharmaceutical interventions.

There’s pushback, though. Truth will win.

Source: September 2017 Carotec Health Report (Submitted by Dorothy Tess)

## Hola desde Wautoma

Bendiciones de Dios y de los Grupos de Misión Wautoma Inglés y Español. Nuestra Gran Apertura se llevó a cabo el 9-9-2017 y qué glorioso día de reposo fue. Nos acompañaron la Iglesia de la Almendra y algunos miembros de Stevens Point. Alabado sea Dios que fue un hermoso día porque nuestros 83 asistentes no podían caber en el santuario así que mantuvimos las ventanas abiertas no sólo para la brisa cálida sino también para que aquellos que estaban sentados afuera pudieran escuchar el mensaje presentado por el élder Adam Caso. Su mensaje de dejar una marca aquí en Wautoma fue una bendición para todos nosotros. Por la tarde, el pastor Joseph Perricellia nos guió en un servicio de dedicación.

La semana siguiente comenzó un evento especial de una semana para el grupo español, dirigido por el élder Héctor Torres, quien vino desde el estado de Washington para compartir su enfoque en la familia y sus mensajes fueron muy oportunos ya que nuestras familias en Estados Unidos están desesperadas necesidad de Jesús.

El mismo día en que comenzó su Semana de la Familia, se llevó a cabo un bautismo para Lois y María Price, quienes se unieron al grupo Wautoma inglés después de un año de estudio. El bautismo se llevó a cabo en la piscina en el Super 8 Motel en Wautoma.

Justo después del final del evento español, el grupo inglés comienza la presentación del Shadow Empire por Shawn Boonstra y moderado por Eric Anderson. Estos cuatro programas comenzaron el 9-28-2017, el jueves por la tarde a las 7:00 en la nueva iglesia, 535 S. Cambridge Street en Wautoma, WI. Estos programas serán seguidos inmediatamente por The Pale Horse Rides en las tardes del 26, 27 y 30 de octubre de 2017, todos a partir de las 7:00 p.m.

Todo esto está sucediendo mientras continuamos con la pintura de la iglesia, la instalación de A / C, así como una serie de otros proyectos más pequeños. Dios realmente nos bendice aquí en Wautoma. Mientras Satanás está haciendo todo lo posible para apagar luces en iglesias alrededor del mundo y en nuestro propio estado, las luces de Wautoma están siendo encendidas para Jesús. Pero el éxito no es cierto. Esta iglesia, la iglesia de Dios, necesita que sus oraciones tengan éxito. Por favor manténganos a nosotros ya Wautoma en sus oraciones.

Alan Anderson

### Lessons from a 92-year old Lady

A 92-year old, petite, well-poised and proud lady is fully dressed each morning by 8:00, with her hair fashionably coiffed and makeup perfectly applied, even though she is legally blind. She was moved to a nursing home a few days ago. Her husband of 70 years recently passed away, making the move necessary.

After many hours of waiting patiently in the lobby of the nursing home, she smiled sweetly when told her room was ready. As she maneuvered her walker to the elevator, she was provided a visual description of her tiny room, including the eyelet sheets that had been

(Continued on page 9)

## Happy Birthday!

### October Birthdays



- 1 JoAnn Tess
- 6 Rachael Bergman
- 9 Art Ferguson
- 10 Darrell Brown
- 10 Stephen Cuatem
- 10 Kathy Anderson
- 13 Pastor Perricellia
- 13 Bella Perricellia
- 14 Leroy Dissing
- 18 Edgar Morales
- 19 Janna Buettner
- 20 Rosemary Bruder
- 20 Jesse Disher
- 21 Dave Miller
- 25 Jared Lowry
- 25 Diane Disher
- 25 Josh Ertl
- 28 Jeremiah Lewis

*If we missed your birthday and you would like to be recognized, please let us know so that we can update our records.*



**THIRSTY?**

Are you thirsty?

Jesus is your Living Water.

If you are discouraged,

In Jesus be encouraged.

He will reach for you and pull you up.

Yes, with Living Water,

He will fill your cup.

Jesus, You are always near,

And our cries for help You always hear.

Your Law is our delight;

We love Your Salvation and Light.

It keeps us on Your narrow path so steady;

In You we will always strive to be ready.

Jesus, we know Your Return

Is sooner than we think;

It will be faster than a blink!

---Delores Shudarek---

**SEDIENTO?**

Tienes sed?

Jesús es tu Agua Viva.

Si usted está desalentado,

En Jesús sea alentado.

El te alcanzará y te atraerá.

Sí, con agua viva,

Él llenará tu copa.

Jesús, Tú siempre estás cerca,

Y nuestros gritos de ayuda Siempre escuchas.

Tu ley es nuestra delicia;

Amamos Su Salvación y Luz.

Nos mantiene en Su camino estrecho tan constante;

En Ti siempre nos esforzaremos por estar listos.

Jesús, sabemos que tu regreso

Es más pronto de lo que pensamos;

Será más rápido que un parpadeo!

--- Delores Shudarek ---

*(Elder's Corner-Continued from page 3)*

are not as much a priority as winning “new souls” for the Lord. I apologized to the Lord for that thinking because I know He sees them as just as important, and I’m so thankful to all that came to support the program. I need to remember that “In-Reach” is just as important as “Out-Reach.”

Second, we are not responsible for the conviction of people, that is the work of the Holy Spirit. Our responsibility is on the invitation end. This world is a very hard place to be when it comes to people being convicted for the Lord and I’m so happy it is in the Holy Spirit’s hands and not mine.

As it turns out, the one guest that came was a very nice person and very interested in finding out more about the Lord, and we expect to see him next Thursday. And how many people would the Lord have come and died for? Yes...ONE!

I needed to get the “conviction confusion” cleared up in my mind and I pray we all will continue to do the work the Lord has called us to do, even for one.

*Written and submitted by: Elder Dean Thomas, Wisconsin Rapids*

## Prophecy Highlights

### The Three Angels and the Other Angel (Part One)



“There are those now living who, in studying the prophecies of Daniel and John, received great light from God as they passed over the ground where special prophecies were in process of fulfillment in their order. They bore the message of time to the people. The truth shone out clearly as the sun at noonday. Historical events, showing the direct fulfillment of prophecy, were set before the people, and the prophecy was seen to be figurative delineation of events leading down to the close of this earth’s history. The scenes connected with the working of the man of sin are the last features plainly revealed in this earth’s history. The people now have a special message to give to the world, the third angel’s message. Those who, in their experience, have passed over the ground, and acted a part in the proclamation of the first (Revelation 14:6 & 7), second (Revelation 14:8), third (Revelation 14:9-11) angels’ messages, are not so liable to be led into false paths as are those who have not had an experimental knowledge of the people of God.” (Manuscript 31, 1896)

“The proclamation of the first, second, and third angels’ messages has been located by the Word of Inspiration. Not a peg or a pin is to be removed. No human authority has any more right to change the location of these messages than to substitute the New Testament for the Old. The Old Testament is the gospel in figures and symbols. The New Testament is the substance. One is as essential as the other. The Old Testament presents lessons from the lips of Christ, and these lessons have not lost their force in any particular.”

“The first and second messages were given in 1843 and 1844, and we are now under the proclamation of the third; but all three of the messages are still to be proclaimed. It is just as essential now as ever before that they shall be repeated to those who are seeking for the truth. By pen and voice we are to sound the proclamation, showing their order, and the application of the prophecies that bring us to the third angel’s message. There cannot be a third without the first and the second. These messages we are to give to the world in publications, in discourses, showing in the line of prophetic history the things that have been and the things that will be.”

“The history of the church and the world, *the loyal and the disloyal*, is here plainly revealed. The loyal under the proclamation of the third angel’s message have turned their feet into the way of God’s commandments, to respect, to honor, and to glorify Him who created the heavens and the earth. The opposing force has dishonored God by making a breach in His law, and when light from His Word has called attention to His holy commandments, revealing the breach made in the law by another authority, then, to get rid of conviction, men have tried to destroy the whole law. But could it be destroyed? No; for all who will search the scriptures for themselves will see that the law of God stands immutable, eternal, and His memorial (the Sabbath Commandment) will endure through the eternal ages, pointing to the only true God in distinction from all false gods (Isaiah 58:12-14). (Manuscript 32, 1896)

Tim Schmidt—



## Destaca Prophecy

### Los Tres Ángeles y el Otro Ángel (Primera Parte)



"Hay quienes ahora viven quienes, al estudiar las profecías de Daniel y Juan, recibieron una gran luz de Dios al pasar por el suelo donde profecías especiales estaban en proceso de cumplimiento en su orden. Llevaban el mensaje del tiempo al pueblo. La verdad brillaba claramente como el sol a mediodía. Los acontecimientos históricos, mostrando el cumplimiento directo de la profecía, fueron puestos ante el pueblo, y la profecía fue vista como una delimitación figurativa de los acontecimientos que conducen al final de la historia de esta tierra. Las escenas rela-

cionadas con el trabajo del hombre de pecado son las últimas características claramente reveladas en la historia de esta tierra. La gente ahora tiene un mensaje especial para dar al mundo, el mensaje del tercer ángel. Aquellos que en su experiencia han pasado por el suelo y han participado en la proclamación de los ángeles primero (Apocalipsis 14: 6 y 7), segundo (Apocalipsis 14: 8), tercero (Apocalipsis 14: 9-11) "no son tan susceptibles de ser conducidos a falsos caminos como los que no han tenido un conocimiento experimental del pueblo de Dios" (**Manuscrito 31, 1896**).

"La proclamación del primer, segundo y tercer mensaje de los ángeles ha sido localizada por la Palabra de Inspiración. No se debe retirar una clavija o un pasador. Ninguna autoridad humana tiene más derecho a cambiar la ubicación de estos mensajes que a sustituir el Nuevo Testamento por el Antiguo. El Antiguo Testamento es el evangelio en figuras y símbolos. El Nuevo Testamento es la sustancia. Uno es tan esencial como el otro. El Antiguo Testamento presenta lecciones de los labios de Cristo, y estas lecciones no han perdido su fuerza en ningún particular".

"Los primeros y segundos mensajes fueron dados en 1843 y 1844, y ahora estamos bajo la proclamación de la tercera; pero los tres mensajes aún no han sido proclamados. Es tan esencial ahora como siempre que se repitan a los que buscan la verdad. Por la pluma y la voz debemos sonar la proclamación, mostrando su orden, y la aplicación de las profecías que nos traen al mensaje del tercer ángel. No puede haber un tercero sin el primero y el segundo. Estos mensajes debemos dar al mundo en publicaciones, en discursos, mostrando en la línea de la historia profética las cosas que han sido y las que serán".

"La historia de la iglesia y del mundo, **la leal y la desleal**, está aquí claramente revelada. Los leales bajo la proclamación del mensaje del tercer ángel han puesto sus pies en el camino de los mandamientos de Dios, para respetar, honrar y glorificar a Aquel que creó los cielos y la tierra. La fuerza opuesta ha deshonrado a Dios haciendo una brecha en Su ley, y cuando la luz de Su Palabra ha llamado la atención a Sus santos mandamientos, revelando la violación hecha en la ley por otra autoridad, entonces, para deshacerse de la convicción, los hombres han intentado para destruir toda la ley. ¿Pero podría ser destruido? No; porque todos los que buscan las Escrituras por sí mismos verán que la ley de Dios permanece inmutable, eterna, y Su memoria (el mandamiento del Sábado) durará a través de los siglos eternos, señalando al único Dios verdadero distinto de todos los dioses falsos 58: 12-14). (**Manuscrito 32, 1896**)

Tim Schmidt

*(Lessons-Continued from page 6)*

hung on her window. "I love it," she stated with the enthusiasm of an 8-year old having just been presented with a new puppy.

"Mrs. Jones, you haven't seen the room...just wait."

"That doesn't have anything to do with it", she replied. "Happiness is something you decide on ahead of time. Whether I like my room or not doesn't depend on how the furniture is arranged, it's how I arrange my mind. I already decided to love it. It's a decision I make every morning when I wake up. I have a choice.

I can spend the day in bed recounting the difficulty I have with the parts of my body that no longer work, or get out of

*(Continued on page 14)*

## SCHEDULE OF EVENTS

### Almond's October Events

Oct 1 Bible Study (Anderson Home) 5:30  
 Oct 4 Community Bible Study 7:00 (Desire of Ages)  
 Oct 6 Prayer Meeting 7:00  
 Oct 7 Sabbath – Vegetarian Potluck  
 Oct 8 Prayer Breakfast 9 AM  
 Oct 8 Bible Study (Anderson Home) 5:30  
 Oct 9 Ladies Bible Study 1:30 @ Church  
 Oct 11 Community Bible Study 7:00 (Desire of Ages)  
 Oct 13 Prayer Mtg. 7:00  
 Oct 14 Sabbath – Vegetarian Potluck  
 Oct 15 Bible Study (Anderson Home) 5:30  
 Oct 16 Ladies Bible Study 1:30 @ Church  
 Oct 18 Business Meeting 6:00  
 Oct 18 Community Bible Study 7:00 (Desire of Ages)  
 Oct 20 Prayer Mtg. 7:00  
 Oct 21 Sabbath – Vegetarian Potluck  
 Oct 22 Bible Study (Anderson Home) 5:30  
 Oct 23 Ladies Bible Study 1:30 @ Church  
 Oct 25 Community Bible Study 7:00 (Desire of Ages)  
 Oct 27 Prayer Mtg. 7:00  
 Oct 28 Sabbath – Vegetarian Potluck  
 Oct 29 Bible Study (Anderson Home) 5:30  
 Oct 30 Ladies Bible Study 1:30 @ Church

### Important Dates

Sunday the 13<sup>th</sup> – Church Breakfast 9:00am

Wednesday the 18<sup>th</sup> - Business Meeting 6:00pm

Sep 28-Oct 19 Shadow Empire meetings, 7:00 pm

**\*\*\*Ladies Bible Study\*\*\***

**Held Each Monday  
1:30pm @ the Church**

Sep 28-Oct 19 Shadow Empire meetings, 7:00 p.m.

### Stevens Point's October Events

Sunday, Oct. 1, 2017 – 9 am – 1 pm	Planning Meeting for 2018 at church with lunch after, everyone is invited!
Tuesday, Oct. 3, 2017 – 7 pm	Continuation of “Shadow Empire”, shown at church
Friday-Sunday, Oct. 6-8	Women’s Retreat at Camp Wakonda
Sabbath, Oct. 7, 2017 – 9:20 am	Sabbath services. Sabbath school at 9:20 am. Lesson Study is at 10:00 am, Worship service at 10:50 am. Leroy Dissing will facilitate the lesson study and Pastor Perricellia will present the message.
Tuesday, Oct. 10, 2017 – 7 pm	Continuation of “Shadow Empire”, shown at church
Wednesday, Oct. 11, 2017 – 9 – 11:30 am	Quilting in the Fellowship Room
Friday, Oct. 13	Pastor Perricellia and Bella Perricellia’s birthday
Sabbath, Oct. 14, 2017 – 9:20 am	Sabbath services. Sabbath school at 9:20 am. Lesson Study is at 10:00 am, Worship service at 10:50 am.
Monday, Oct. 16, 2017 – 6 pm	Board Meeting
Tuesday, Oct. 17, 2017 – 7 pm	Conclusion of “Shadow Empire”, shown at church
Sabbath, Oct. 21, 2017 – 9:20 am	Sabbath services. Sabbath school at 9:20 am. Lesson Study is at 10:00 am, Worship service at 10:50 am.
Thurs., Fri., Sat., Oct. 26-28– 7 pm	“A Pale Horse Rides” shown at church.
Sabbath, Oct. 28, 2017 – 9:20 am	Sabbath services. Sabbath school at 9:20 am. Lesson Study is at 10:00 am, Worship service at 10:50 am.

**SCHEDULES, CONTINUED****Wautoma Church Plant's October Events**

- 10/01/17 Bible Study (Anderson's) 5:30 pm
- 10/04/17 Prayer Meeting/Prophecy 6:30 p.m.
- 10/05/17 Shadow Empire 7:00 p.m.
- 10/05/17 Women's Group (Anderson's)10:00 am
- 10/07/17 Sabbath School 10:00 a.m./Church 11:00 a.m.
- 10/08/17 Bible Study (Anderson's) 5:30 pm
- 10/11/17 Prayer Meeting/Prophecy 6:30 p.m.
- 10/12/17 Women's Group (Anderson's)10:00 am
- 10/12/17 Shadow Empire 7:00 p.m.
- 10/14/17 Sabbath School 10:00 a.m./Church 11:00 a.m.
- 10/15/17 Bible Study (Anderson's) 5:30 pm
- 10/18/17 Prayer Meeting/Prophecy 6:30 p.m.
- 10/19/17 Women's Group (Anderson's)10:00 am
- 10/19/17 Shadow Empire 7:00 p.m.
- 10/21/17 Sabbath School 10:00 a.m./Church 11:00 a.m.
- 10/22/17 Bible Study (Anderson's) 5:30 pm
- 10/25/17 Prayer Meeting/Prophecy 6:30 p.m.
- 10/26/17 Women's Group (Anderson's)10:00 am
- 10/26/17 Pale Horse Rides 7:00 p.m.
- 10/27/17 Pale Horse Rides 7:00 p.m.
- 10/28/17 Sabbath School 10:00 a.m./Church 11:00 a.m.
- 10/28/17 Pale Horse Rides 7:00 p.m.
- 10/29/17 Business Meeting (2018 Planning and Regular business)
- 10/29/17 Bible Study (Anderson's) 5:30 pm

## SCHEDULE OF EVENTS

### Wisconsin Rapid's October Events

**Sabbath School & Sabbath Services each Sabbath, beginning at 9:30. Potluck follows the worship service each week. We hope to see you there!**

### Calendar of Events

**Sep 28-Oct 19 Shadow Empire meetings, 7:00 p.m.**

- Oct 4 Country Life orders are due by noon
- Oct 4 Bible study & prayer meeting, 6:30 p.m.
- Oct 11 Bible study & prayer meeting, 6:30 p.m.
- Oct 14 Pathfinder meeting, 2:00 p.m.
- Oct 18 Bible study & prayer meeting, 6:30 p.m.
- Oct 25 Bible study & prayer meeting, 6:30 p.m.
- Oct 28 Pathfinder meeting, 2:00 p.m.

**Country Life orders-Contact Pam (715344.8399) or Dean (715.644.8183) Thomas to order.**

**\*\*\*\*\*FREE\*\*\*\*\***

**To give away: Ever bearing raspberry plants - 2 years old - Approx 60 plants**

**Red rhubarb plants - 12**

**Not enough sun and too many rabbits. Call Caren at 715-570-1279**

**\*\*\*Do you need an electric range? If so, please let us know. We have a 30" electric range with a black glass top. The stove is in perfect working condition and is yours for the asking.**

**Thanks.**

**Harlow and Jane Peterson 715-366-4966**

**\*\*\*The Wautoma Church Plant could use some help paying for the new chairs and many other needs of the church. Please consider donating to help this church fill their needs. If you can't make a donation, please remember them in prayer.**

Contact us at 715-572-0650 or [gracenotesnewsletter@yahoo.com](mailto:gracenotesnewsletter@yahoo.com)

## A Note from Ken Wells

I would like to thank Grace Notes for reaching into the prison system and investing in people many others see little or no value in. Your venture behind these walls permits countless numbers of convicts to mentally, emotionally and spiritually breach the parameters of confinement and to experience freedom in a true, meaningful and unique way. Thank you could never be enough my friends. Crowns surely await you in Heaven. May God continue blessing the Grace Notes newsletter, it's workers behind the scenes that put this together and especially to those who take the time to write someone in prison. You truly have no idea how important it is to have some kind of spiritual connection with someone of the same faith that is not judging, just caring and sharing their love with someone less fortunate. If you haven't ever written an inmate in the prison system, you could start with me. My address information is found on the last page of the newsletter or else write to [gracenotesnewsletter@yahoo.com](mailto:gracenotesnewsletter@yahoo.com) and they will get you all the information you need to be able to connect with fellow Christians on the inside.

May God continue to bless you all!

Your Brother in Christ,

Kenneth Wells Jr.

## 91.7 WRAO

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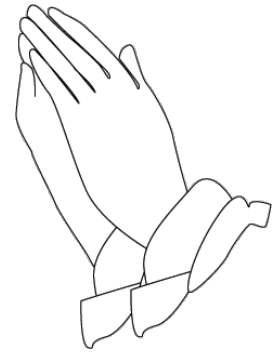
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[www.WRAOChristianRadio.org](http://www.WRAOChristianRadio.org)

### A short note from your Prayer Warrior

As I look out the window and see all the leaves changing color, I think where did summer go? This with the human nature of I don't like fall as it brings winter....yuk. I don't like the cold and the snow. But as I sit here and contemplate it more I see it as God showing me that as the seasons change so should we as Christians change with our walk with Jesus. The spring being our birth into Christ. We are eager to learn new things. But as the spring progresses to summer what have we done with what we are learning. Summer is when we start to mature. Not all at once but with time. We are putting our faith and all we learned to the test. Some for good some not so good. Fall gives us maturity, not completely as we will ever be searching for the truth and never finding it. That is for Jesus to give us. Here is the season for those who have reached it to help those who are testing their faith. To guide them and encourage them. Then as fall turns to winter we see those who have it all together or so we think and are ready to meet the Lord when their time is called. We all want that time to be enter my good and faithful servant. May we all have that blessing when the time comes. Then just as winter turns to spring again the cycle continues....we who are blessed to know the Lord has a calling or mission in life. It is to go and save a lost and dying world. Are we up to the challenge? Are we doing what we were called to do? Even I have had to struggle with this. I am still learning about God's grace and the love of Jesus. I have family I want saved but don't know how to get to them. Maybe it is to be like Jesus in his home town. Someone else is to minister to them. The upcoming series Pale Horse Rides and Shadow Rider may be a good starting point. Do you have family and friends you want saved? Did you Invite them, or bring them, or encourage them to go? The history lesson will be well worth the time. It is simple things like this that can save them We don't know what is on their hearts. Just be courageous and go for the GOLD. Talk to your family, friends, neighbors, people you meet. Give them the chance to hear about Jesus. You don't know you could be the fall [mature] Christian they need to hear from. Hope this made sense.



Jody Lucas

### Hello from Wautoma

Blessings from God and from both the Wautoma English and Spanish Mission Groups. Our Grand Opening was held on 9-9-2017 and what a glorious Sabbath Day it was. We were joined by the Almond Church and some members from Stevens Point. Praise god that it was a beautiful day because our 83 attendees couldn't all fit in the sanctuary so we kept the windows open not only for the warm breeze but also so that those who were seated outside, could hear the message presented by Elder Adam Case. His message on leaving a mark here in Wautoma was a blessing to us all. In the afternoon, Pastor Joseph Perricellia led us in a dedication service.

The following week began a week long special event for the Spanish group, led by Elder Hector Torres who came all the way from the State of Washington to share his focus on the family and his messages were very timely as our families in America are in desperate need of Jesus.

The same day that their Family week began, a baptism was held for Lois and Maria Price, who joined the Wautoma English group after a year of study. The baptism was held in the pool at the Super 8 Motel in Wautoma.

Right after the end of the Spanish event, the English group begins the presentation of the Shadow Empire by Shawn Boonstra and moderated by Eric Anderson. These four programs began 9-28-2017, Thursday evening at 7:00 at the new church, 535 S. Cambridge Street in Wautoma, WI. These programs will be followed immediately by The Pale Horse Rides on the evenings of October 26, 27, and 30, 2017, all starting at 7:00 p.m.

All this is happening while we continue to finish the church with paint, installation of A/C, as well a number of other smaller projects. God is really blessing us here in Wautoma. While Satan is doing his best to turn lights out in churches around the world and in our own state, the lights in Wautoma are being re-ignited for Jesus. But success is not certain. This church, God's church, needs your prayers to succeed. Please keep us and Wautoma in your prayers.

Alan Anderson

# GRACE NOTES

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Contribution deadline is the 23rd  
of the month

## Disclaimer:

The stories, views and opinions expressed in this newsletter are those of the original authors and other contributors and do not necessarily reflect the official policy or position of the Seventh-day Adventist Church, Grace Notes or any of its staff. Thank you...



## Mission Statement:

Fostering Unity

## Vision Statement:

To be a resource which encourages and inspires unity in our church district; through inspirational thoughts, informative articles and testimonials; preparing for the soon coming of Christ.

## Ministry

### From Home

Have you ever thought of having a prison ministry? You don't have to leave your home to have this. A letter changes the life of an inmate every time they receive it. Pray that God will lead you to write an inmate. Give an inmate a blessing!

Kenneth Wells Jr. #414034  
Red Granite Correctional Institute  
PO Box #925  
Red Granite WI 54970-0925

## Letters to the editor...

If you have ideas, thoughts, complaints or opinions, write to us. This column will appear each month.

Send emails to  
“[gracenotesnewsletter@yahoo.com](mailto:gracenotesnewsletter@yahoo.com)”

Thanks,  
Grace Notes Editor

*(Wautoma-Continued from page 9)*

bed and be thankful for the ones that do. Each day is a gift, and as long as my eyes open I'll focus on the new day and all the happy memories I've stored away, just for this time in my life.”

She went on to explain, “Old age is like a bank account, you withdraw from what you've put in. So, my advice to you would be to deposit a lot of happiness in the bank account of memories. Thank you for your part in filling my memory bank. I am still depositing.”

And, with a smile, she said “Remember the five simple rules to be happy:

1. Free your heart from hatred
2. Free your mind from worries
3. Live simply
4. Give more
5. Expect less and enjoy every moment

I might add that every one of these rules can be found in some way in the Bible.

- Koreen Boettcher

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