

GRACE NOTES

VOLUME 5, ISSUE 4

APRIL 2019

BRINGING UNITY, EVENTS & NEWS TO THE CHURCHES OF ALMOND, OXFORD, PORTAGE, REEDSBURG & THE WAUTOMA COMPANY

“Blessed are the God-Seekers”

(Based on Matthew 5-7, Philippians 2)

The collection of blessings in Matthew 5 can be summed up in this: blessed are those who seek to fulfill God's will in blessing His creation. The greatest commandment is for us to love the Lord our God completely; and the second greatest commandment is to love those in our lives as we love ourselves. God is supreme, and His supreme characteristic is loving everyone, so He calls you to love your neighbor, your friend, your coworker, your enemy - not more than yourself, not less than yourself, but like you love yourself.

Such love for God (and consequentially for others) drives us to do crazy things. It should drive us to do things differently than we usually do. In fact, the opposite, spiritual narcissism or making our religion all about us, is perhaps the main reason some churches languish and die. Each of us suffer when we focus on ourselves, when we stay in our bubble, and when we do not share Jesus in our community.

It's so easy to be spiritually narcissistic: we want to be saved, so we make sure we are perfected. We make it all about us. Paul complained to the Philippian church that he could only send Timothy to find out how they were doing, because everyone else he could send would be too focused on themselves to care about the Philippians! (Philippians 2:19-21). Do you know about the needs of your fellow church members, of your neighbors, of your co-workers; or are you too focused on making sure you're saved that you don't have the faintest idea? It is easy to say, my life is hard and busy, I do not have time for them. (Philippians 2:1-4)

It's so tempting to stay in our bubble rather than burst it and get wet in our community. Jesus tells us we are the salt and light of the world (Matthew 5:13-16). Salt is good for nothing if it stays with other salt. Light is good for nothing if it is hidden. The personification of the Beatitudes is Jesus. Jesus left His bubble and came to sin-ridden earth. He humbled Himself, became a servant, and left all earthly comforts and pleasures so He could connect with humanity. How do we stack up when we compare ourselves to Jesus? Do we huddle around our TV's after work, or do we visit our neighbor?

Seek God; put His Kingdom first, and God will figure out the rest (Matthew 6:33).

Pastor Justin

Weimar NEWSTART Program and the Eight Laws of Health #8

The Weimar NEWSTART Program uses the acronym NEWSTART to address the eight laws of health; N=Nutrition, E=Exercise, W=Water, S=Sunshine, T=Temperance, A=Air, R=Rest, and T=Trust in God. This article will focus on trust in God and is the final article. The following information is taken from seminar notes.

While the unbeliever may achieve some health by following the seven laws (of health), perfect health is only achieved by including the eighth law - the cooperation of human and divine power. Faith and trust in God undergird all the other health laws.

(Continued on page 8)

Miller Understands of Prophecy

(Submitted by Tim Schmidt)

"No prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by the impulse of man, but men moved by the Holy Spirit spoke from God." 2 Peter 1: 20 & 21.

Miller was in good company in his interpretation of prophecy. Prophetic understanding divides into three major schools. Preterits view prophecy fulfillment as having taken place by the time or at the time of the writing of a prophetic book. Thus, for example, the book of Revelation is speaking primarily about events at the end of the first century of the Christian era.

Futurism, a second school of prophetic interpretation, holds that the bulk of apocalyptic prophecy will come to pass in a short space of time just before the Second Advent. The immensely popular *Left Behind series* of our day is grounded in futurism.

The third view, historicism, regards the fulfillment of prophecy as beginning in the time of the prophet, continuing across the spectrum of history, and climaxing at the Second Advent, this is what William Miller believed as he studied Daniel and Revelation.

The historicist understanding of prophecy is best illustrated in Daniel 2, whose fulfillment commenced during the lifetime of Nebuchadnezzar and Daniel, extended through the next three kingdoms that dominated the Mediterranean world. This led into the divisions of Rome, and reaches its fulfillment at the end of time with the arrival of God's kingdom. The visions in Daniel 7, 8, 9 and 10-12 replicates the historicist model, as does Revelation 12, which traces world history from the time of the Christ child and up to the end of time in verse 17, thus setting the final stage of end time events that unfolded in chapters 13-22 of the book of Revelation.

Miller was a historicist, as was the early church and nearly all protestant interpreters up through the middle of the nineteenth century. Futurism and Preterits, while capturing important aspects of Bible prophecy, didn't have much of a presence in Apocalyptic study until the reformation of Martin Luther, when certain expositors of the dominate Roman Catholic church sought to escape what they considered to be problematic historicist interpretations of such topics as the great red dragon and the whore of Babylon. The late nineteenth and twentieth centuries witnessed a surge of futurism and preterits, partly in response to the perceived failure of Millerism.

But the failure of Millers' Adventism hasn't changed the obvious historicist perspective of Daniel 2 or even the day for a year principle that was discovered by Miller. This was sound in the understanding of Daniel 9 that the Revised Standard Version translators rendered verse 24 as seventy weeks or years in spite of the fact that the Hebrew has only "seventy weeks." The addition was necessary even to individuals who didn't believe in predictive prophecy if they were to make sense of a prophecy claiming to extend from the time of the restoration of Jerusalem to the baptism of the Messiah, the death of Jesus and the stoning of Stephen.

{This reading is from the devotional, [Lest We Forget](#) by George R. Knight}

Oxford Church

The Remnant gospel group is coming to Oxford for church. Church service is at 10:40. We will have fellowship meal as well.

The date is April 13.

Thanks

Jeff Veldman, Oxford Head Elder

Almond's April Events

- April 3 Weekly reading time at 7:00 (J+D Tess home)
- April 5 Prayer Mtg. 7:00
- April 6 Sabbath – Vegetarian Potluck
- April 7 Bible Study (Anderson Home) 5:30
- April 10 Weekly reading time at 7:00 (J+D Tess home)
- April 11 Business Meeting 6:00**
- April 12 Prayer Mtg. 7:00
- April 13 Sabbath – Vegetarian Potluck
- April 14 Bible Study (Anderson Home) 5:30
- April 14 Prayer Breakfast 9 AM—All are welcome!**
- April 17 Weekly reading time at 7:00 (J+D Tess home)
- April 17 Steps to Christ Study (Luke's apt)
- April 19 Prayer Mtg. 7:00
- April 20 Sabbath – Vegetarian Potluck
- April 21 Bible Study (Anderson Home) 5:30
- April 24 Weekly reading time at 7:00 (J+D Tess home)
- April 24 Steps to Christ Study 6:30 (Luke's apt)
- April 26 Prayer Mtg. 7:00
- April 27 Sabbath – Vegetarian Potluck
- April 28 Bible Study (Anderson Home) 5:30

**Steps to Christ
study**

at Luke's is temporarily cancelled.
We apologize for any
inconvenience...

Healthy Cooking Classes



Looking for some healthy, yet tasty recipes? Join us as we demonstrate some delicious, quick, healthy recipes at the Portage Seventh-Day Adventist Church at 2100 E State Highway 33 at 6:00 pm. Sample the results and take home the recipes. There is no charge, so bring a friend and join us. Call 608-617-8924 if you have questions or to register.

- April 17 Italian Cuisine
- April 24 Mexican Delights
- May 1 Making Tasty Tofu
- May 8 Party Treats

New Feature of Grace Notes!

Q&A

Anyone with any questions relating to the Bible or God or anything along that line, submit it and we will find an answer for it. Send your question to gracenotesnewsletter.com or through the regular mail and I will forward them, anonymously, to Pastor Justin who will answer them.

Question:

Why does God allow bad things to happen?

Where was God, when that happened?

Answer: These are two of the oldest questions humans have ever asked, and these questions are best answered in what many believe is the oldest book in the Bible, the book of Job. Carefully study the book, and answer these questions: 1. Why did God allow what happened to Job? 2. Was Job ever told why God allowed it? 3. What was God's response to Job? 4. What was Job's conclusion?

Prophecy Highlights April 2019

(Submitted by Tim Schmidt)



Landmarks of "the Daily" (Part One)

(Written & Compiled by R. LEE – 2009) *"Then I saw in relation to the "Daily," that the word "sacrifice" was supplied by man's wisdom, and does not belong to the text; and that the Lord gave the correct view of it to those who gave the judgment hour cry. When union existed, before 1844, nearly all were united on the correct view of the "Daily;" but since 1844, in the confusion, other views have been embraced, and darkness and confusion has followed."*

"The Lord showed me that Time had not been a test since 1844, and that time will never again be a test." –

Ellen G. White, The Present Truth, November, 1850, No. 11, page 87.

The Testimonies of William Miller

(The best way to bring out these historical facts concerning the Millerite view of "the Daily" in the book of Daniel is to let the writers speak for themselves, without comment from the compiler. So extracts from Millerite books, pamphlets and periodicals will be copied dealing with this subject, at the time the Judgment Hour Cry was being given to the world).

"And I could find no other case in which it was found, but in Daniel. I then took those words which stood in connection with it, 'take away.' He shall take away the daily. 'from the time the daily shall be taken away,' &c. I read on, and thought I should find no light on the text; finally I came to 2 Thess. ii. 7, 8. "For the mystery of iniquity doth already work, only he who now letteth, will let, until he be taken out of the way, and then shall that wicked be revealed," &c. And when I had come to that text, O, how clear and glorious the truth appeared! There it is! that is 'the daily!' Well, now, what does Paul mean by 'he who now letteth,' or hindereth? By 'the man of sin,' and 'the wicked,' Popery is meant. Well, what is it which hinders Popery from being revealed? Why it is Paganism; well, then, 'the daily' must mean Paganism."

(Continued on page 5)

(Prophesy-Continued from page 4)

(THE SECOND ADVENT MANUAL. – BY APOLLOS HALE – 1843, Page 66).

MILLER'S LIFE AND VIEWS – BY JOSHUA V. HIMES – 1841, Pages 46 – 51: -

The next prophetic number to which we shall attend, will be Daniel viii. 14. "Unto 2300 days, then shall the sanctuary be cleansed, or justified." After Daniel had seen three visions, two of them including the whole "seven times," he sees under his last vision but the three last kingdoms, Persia, Grecia and Rome. He then hears a saint speaking, and another saint inquiring for how long time this last vision should be. Daniel was then informed, that it should be unto 2300 days. He afterwards heard a voice commanding Gabriel to make him (Daniel) understand the vision. He came and told him, that the vision would carry him to the end of all indignation, and at the time appointed (2300 days) the end would be. Gabriel then named two of the three kingdoms, i. e. Persia and Grecia, and described the Roman by its acts. Then he left Daniel to consider of the vision. Fifteen years afterwards, while Daniel was praying, Gabriel came to him again, and told Daniel he had come to make him understand the vision. Then he gives him the 70 weeks, and tells him plainly that the 70 weeks would seal (or make sure) the vision and prophecy. Here he gave him a clue to know when his vision of the ram and he-goat began. He tells Daniel plainly, and shows how those who should live after the 70 weeks were fulfilled, might know his prophecy to be true, and what they might understand by days in this vision. If, then, the 70 weeks were a part of the vision of the ram and he-goat, and given, as it is evident, for the express purpose of showing the beginning of the vision, it remains a simple problem. If 490 days were fulfilled in the year A. D. 33, by being so many years, when will 1810 days afterwards be fulfilled in the same manner? Answer, 1843.

Then in the twelfth chapter of Daniel, at the 7th verse, we have the three and a half times, which have been already explained in part, meaning 1260 days. See Rev. xii. 6 and 14: The woman in the wilderness, 1260 days, which is the same thing as three and a half times. Daniel, in the seventh chapter, 25th verse, mentions the little horn wearing out the saints three and a half times; but in the twelfth chapter, 7th verse, it is "scattering the power of the holy people" three and a half times. This was to be accomplished by the kings of the earth. Jer. l. 17: "Israel is a scattered sheep, the lions have driven him away; first the king of Assyria hath devoured him, and last this Nebuchadnezzar, king of Babylon, hath broken his bones." Also, Zech. i. 18-21.

Then in the twelfth chapter of Daniel, 11th verse: "And from the time that the daily *sacrifice*, (meaning abomination,) shall be taken away, and the abomination that maketh desolate set up, there shall be 1290 days." There is some difficulty in knowing what is here intended by "daily sacrifice" in this text. It cannot mean the Jewish sacrifices, for two good reasons: -

1. It has some immediate connection with "the abomination that maketh desolate," i. e. Papacy, or papal power of Rome, that is "taken away, to set up," &c. Now all must admit that Jewish sacrifices were taken away about five hundred years before Papacy was set up, or exalted.

2. If Jewish sacrifices are here meant, then in A. D. 1360 this papal power would have ended her setting up, or exaltation. But Papacy was then at the height of its power. I have come to this conclusion: that this power, called "daily sacrifice," is Rome pagan abomination; the same as Christ has reference to in Matt. xxiv. 15. Luke xxi. 21.

Certainly Christ could not have reference to papal abomination that maketh desolate until Christ's second coming; for that was not set up until nearly five hundred years afterwards. Of course, it must have been the pagan abomination which would be taken away. This agrees with Paul, 2 Thes. ii. 3-10: "Let no man deceive you by any means: for that day shall not come, except there come a falling away first, and that man of sin be revealed, the son of perdition: who opposeth and exalteth himself above all that is called God, or that is worshipped: so that he, as God, sitteth in the temple of God, showing himself that he is God. Remember ye not that, when I was yet with you, I told you these things? And now ye know what withholdeth that he might be revealed in his time. For the mystery of iniquity doth already work: only he who now letteth will let, until he be taken out of the way. And then shall that Wicked be revealed, whom the Lord shall consume with the spirit of his mouth, and shall destroy with the brightness of his coming: even him, whose coming is after the working of Satan, with all power, and signs, and lying wonders, and with all deceivableness of unrighteousness in them that perish; because they received not the love of the

(Continued on page 12)

The Portage Patriots Pathfinder club is putting together a "Healthy Diet Cookbook" fundraiser. Please forward your favorite Recipes to Steve Collins at fscdriver@yahoo.com Funds will be used to defray expenses to the Oshkosh world wide camperee! The books will be beautiful to see and lay flat for maximum functionality as well. Each recipe will include the contributor's name. Be a part of the Pathfinders experience!

If you have anything coming up in your church that needs to be promoted, please let us know. We would be happy to promote your event or to share stories of your event after it happened. We are also looking for human interest type stories or anything that has touched your life. Share with others so that we can all be touched in the way that you were.

Hello from Wautoma.

While we are continuing on our remodel project, we will start a Revelation Seminar, beginning April 9, 2019 and running through the first week of June.

We will meet every Tuesday, Thursday and Saturday at 6:30 p.m. at 535 S. Cambridge Street, Wautoma, WI 54982. Tim Schmidt will be leading out in this series of meetings. Invitations are being sent out to the Wautoma zip code but you are all welcomed to come and join us. We look forward to a spirit filled study of Prophecies from Revelation.

You may have read in the Grace Notes recently, Tim's prophecy articles.

We have plans for working on installing insulation board and drywall in the sanctuary area as part of our remodeling project. If you have time to lend a hand with the work, please consider driving to Wautoma in early April to support this project. Please call first to verify dates and times of work. (920-787-2580)

Thanks for your prayers as we work together to spread God's word.

Alan Anderson

Portage Events

Portage SDA Church email address is:

portagesdachurch@gmail.com

Portage SDA Church Facebook:

Type: Portage Seventh-day Adventist

Radio station:

WPSA LP 93.5 FM

April 2019

2nd B- Jerry Minett
 3rd B- Mark Clausen
 7th Business Meeting 9:00 a.m. Work Bee after the meeting
 13th B- Andy Ley
 16th B- Illona Minett
 16th B- J.R. Summerton
 20th B- Alvin Bolgrin
 23rd B- Kent Maloney

Happy Birthday!



April

Erlinda Boyd	4/2	REED
Andrew Jorgenson	4/3	OX
Doug Bruder	4/5	ALM
Richard Kastner	4/5	REED
Jeff Veldman	4/6	OX
Jody Lucas	4/7	ALM
Marta Martingello	4/11	OX
Dan Muhlenbeck	4/12	REED
Earl Hodge	4/15	REED
Tori Klemp	4/15	OX
Dorothy Tess	4/21	ALM
Linda Jones	4/22	OX
Dan Hodel	4/22	OX
Lorna Hahn	4/26	REED
Tammi Baker	4/26	OX
Bob Peterson (100 Years Old)	4/27	ALM
Renata Svachova	4/30	REED

By John Howard Weeks

I come from a long line of skinny people. So, why was I getting fat?

I am descended from a lineage of ridiculously healthy people who live far longer than other people. Why was I feeling like a physical wreck?

Finally, I figured it out. I live in the craziest place on Earth, nutritionally speaking, where the angels of health food gather around and whisper in one ear while the devils of junk food crowd gather around and whisper in the other ear.

This crazy place is the Inland Empire, home of the X spot where the world capital of plant-based nutrition, Loma Linda, butts up against the world capital of meat-based nutrition, San Bernardino.

I not only got wise to what's going on, I've now written a book about it, "The Healthiest People on Earth" (BenBella Books, available wherever books are sold – including Amazon.com).

My home town is Loma Linda, which is famous for its large population of Seventh-day Adventists and their huge medical center and their healthy lifestyle based on vegetarian nutrition, temperate habits, regular exercise and sound rest. Loma Linda also is renown as America's only entry on the short list of so-called Blue Zones, regions of Earth identified by National Geographic-supported research as being oases of healthy living where people live about a decade longer than others. (The other Blue Zones are Okinawa Island in Japan, the Barbagia region of Sardinia in Italy, the Nicoya Peninsula of Costa Rica, and the Greek island of Ikaria.)

OK, Loma Linda is where I was raised, but the place where I've worked and lived for most of my adult life is San Bernardino, which is Loma Linda's immediate next-door neighbor to the north. And San Bernardino is definitely not a Blue Zone. In fact, it's famous for being the birthplace of the fast-food revolution, where McDonald's, Taco Bell, Der Wienerschnitzel, Del Taco, Baker's, Taco Tia and other chains got their start.

So, here I am, an apparently impressionable fellow raised and inspired in Loma Linda, then tempted and beguiled in San Bernardino.

It's a Jekyll and Hyde situation.

I'm definitely an expert on the whole Blue Zone thing. In fact, I'm an insider of a special kind. I'm the great-great-grandson of Ellen G. White, the founder and prophet of the Seventh-day Adventist church, who established Loma Linda in 1905 as the bastion of the worldwide Adventist health ministry. My grandfather, Herbert C. White, was the author of many health books. My father, Howard B. Weeks, was a longtime Loma Linda University administrator.

But, you know what? I'm also an expert on getting my kicks on Route 66. I grew up to become a career journalist based at the San Bernardino Sun. And I've lived in San Bernardino for 35 years.

WAUTOMA SCHEDULE OF EVENTS

4/1/2019	Women's Group at the Anderson's @ 10:00 a.m.	4/17/2019	Prayer Meeting/Prophecy @ church @ 6:30 p.m.
4/2/2019	Business Meeting at 6:00 p.m. @ church	4/18/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt
4/3/2019	Prayer Meeting/Prophecy @ church @ 6:30 p.m.	4/20/2019	Sabbath School/Church @ 9:30 a.m./11:00 a.m.
4/6/2019	Sabbath School/Church @ 9:30 a.m./11:00 a.m.	4/20/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt
4/7/2019	Bible study at the Anderson's @ 5:30 p.m.	4/21/2019	Bible study at the Anderson's @ 5:30 p.m.
4/8/2019	Women's Group at the Anderson's @ 10:00 a.m.	4/22/2019	Women's Group at the Anderson's @ 10:00 a.m.
4/9/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt	4/23/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt
4/10/2019	Prayer Meeting/Prophecy @ church @ 6:30 p.m.	4/24/2019	Prayer Meeting/Prophecy @ church @ 6:30 p.m.
4/11/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt	4/25/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt
4/13/2019	Sabbath School/Church @ 9:30 a.m./11:00 a.m.	4/27/2019	Sabbath School/Church @ 9:30 a.m./11:00 a.m.
4/13/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt	4/27/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt
4/14/2019	Bible study at the Anderson's @ 5:30 p.m.	4/28/2019	Bible study at the Anderson's @ 5:30 p.m.
4/15/2019	Women's Group at the Anderson's @ 10:00 a.m.	4/29/2019	Women's Group at the Anderson's @ 10:00 a.m.
4/16/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt	4/30/2019	Revelation Seminar 6:30 p.m.- Tim Schmidt

APRIL 28
2:30-6PM

**FREE SPRING FESTIVAL EVENT FOR
THE WHOLE FAMILY SNACKS, FUN, AND
ENTERTAINMENT**

**PORTAGE SEVENTH-DAY ADVENTIST CHURCH
2100 HWY 33**

RAIN OR SHINE



(Health-Continued from page 1)

“The work of creation cannot be explained by science. What science can explain the mystery of life? Life is a gift of God. The natural life is preserved moment by moment by divine power; yet it is not sustained by a direct miracle, but through the use of blessings placed within our reach.” *The Faith I Live By*, p. 165

“The Savior in His miracles revealed the power that is continually at work in man’s behalf, to sustain and to heal him. Through the agencies of nature, God is working, day by day, hour by hour, moment by moment, to keep us alive, to build up and restore us. When any part of the body sustains injury, a healing process is at once begun; nature’s agencies are set at work to restore soundness. But the power working through these agencies is the power of God. All life-giving power is from Him. When one recovers from disease, it is God who restores him. Sickness, suffering, and death are work of an antagonistic power. Satan is the destroyer; God is the restorer.” *The Faith I Live By*, p. 165

As Christians, we believe that God created us, sustains us and cares for us. Because of this, we of all people should have reason to be able to deal with the fears and trials that beset all humanity. The following Scripture verses contribute to our hope and comfort. “The Lord is on my side; I will not fear. What can man do to me?” Psalm 118:6. “For God has not given us a spirit of fear, but of power and of love and of a sound mind (self-discipline).” 2 Timothy 1:7. “You will keep him in perfect peace whose mind is stayed on You, because he trusts in You.” Isaiah 26:3

(Continued on page 10)

(Skinny People—Continued from page 7)

It's no wonder I got confused. I wavered from the healthy lifestyle of my youth. And, as an adult, I started living large, eating large, drinking large. I got fat. And lazy. And unhealthy.

Oh dear yes, I got to know everything there is to know about this weird Inland Empire where the angels of health food and good habits vie, side-by-side, with the devils of junk food and bad habits.

But getting to know about something is not the same thing as getting smart about it.

I got smart when I realized that I needed to make a course change, and that my best way forward was to circle around and return to my roots. I discovered that my path to better health and longer life was where it had been all along, waiting for me to find it again.

I re-studied and relearned the wisdom of my heritage. I worked hard at it. I started eating better, which made my body work better, which made me feel better, and sleep better, and look better.

Hey, this Blue Zone thing really works! I'm so excited about it I wrote a book because I want to share this positively incredible (and incredibly positive) news with everyone.

Anyone has the power, you have the power, to create a Blue Zone of your own, no matter where you live (even San Bernardino!), and you can turn it as many deeper shades of blue as you like.

My book, "The Healthiest People on Earth," is not about religion, mind you. There's not a single word of religious dogma anywhere in it. It's a book about health and happiness. It's full of Blue Zone secrets, stories, tips and insider information. There are chapters on food, drink, fixing bad habits, enjoying better digestion, better sex and better sleep. Even better dreams. There's a whole chapter of time-proven home remedies for whatever ails you.

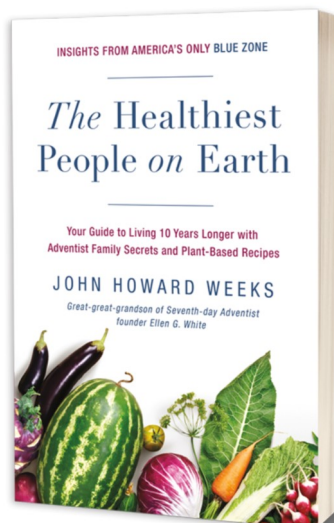
And there are more than 50 Adventist family recipes, including the favorite dishes of Ellen G. White, my great-great-grandmother. These recipes, many of them handwritten on scraps of paper that are more than a hundred years old, appear in print in this book for the first time anywhere.

And there are very modern recipes, too, representing the very best from the kitchens of today's Blue Zoners. Avocado tacos with Mexican slaw, lentil roast and other meatless casseroles, power salads and snacks, and sexy desserts like Cherry Cha Cha. Lots and lots more.

OK, that's enough talk. Let's eat.

The best way to embrace and celebrate a plant-based whole foods diet is to put good food on the table. This book and these recipes will help you do just that.

John Howard Weeks is a career journalist and longtime columnist for Southern California's largest newspaper group. He is author, co-author, or editor of six previous books: "Mojave Desert," "Inland Empire," "San Bernardino Bicentennial," "Choice Words," "Dream Weavers" and a novel, "Window Beyond the World."



CHANGING THE WORLD

When I was a young man, I wanted to change the world. I found it was difficult to change the world, so I tried to change my nation. When I found I couldn't change the nation, I began to focus on my town. I couldn't change the town and as an older man, I tried to change my family.

Now, as an old man, I realize the only thing I can change is myself, and suddenly I realize that if long ago I had

changed myself, I could have made an impact on my family. My family and I could have made an impact on our town. Their impact could have changed the nation and I could indeed have changed the world.

So live each day as though you were walking with Jesus. Our future will be better for it and you WILL make a difference.

Author Unknown

Are You In Need of ?

This section is intended as an outreach to help those with needs, also helping those with the need to free up space in their homes by donating those un-needed items to someone who may have a use for them. May God Bless you for your generosity. If you have items to donate to someone, please let us know.

715-572-0650

or gracenotesnewsletter@yahoo.com

Business office desk. It is still in good shape but has seen many years of use so it contains minimal wear and tear on the front, around the drawers especially. All the drawers are in good working condition and the lockable drawer works.

30" tall X 60" wide. 715-570-2179

(Health-Continued from page 8)

“We all desire immediate and direct answers to our prayers, and are tempted to become discouraged when the answer is delayed or comes in an un-looked-for form. But God is too wise and good to answer our prayers always at just the time and in the manner, we desire. He will do more and better for us than to accomplish all our wishes. And because we can trust His wisdom and love, we should not ask Him to concede to our will, but should seek to enter into and accomplish His purpose. Our desires and interests should be lost in His will.”
Gospel Workers, p. 219

When you recognize that some of your past habits may have contributed to your sickness, then it's time to “trust. Notice this quote, “The relation that exists between the mind and body is very intimate. When one is affected, the other sympathizes. The condition of the mind affects the health to a far greater degree than many realize. Many of the diseases from which men suffer are the result of mental depression. Grief, anxiety, discontent, remorse, guilt, distrust, all tend to break down the life forces to invite decay and death.” *My Life Today*, p. 151. Regardless of the changes that need to be made, achieving health (and maintaining it!) may be best accomplished not by “trying” to make the changes, but by “trusting” that the changes can be made. Trust in the deliverance offered by Jesus Christ. Trust in the power of a God who created you – a God who loves you, and who even died for you. When we feel we cannot change our bad habits, then trust that God can. Hand over control and trust in His power to give you the strength to make right decisions.

“We should cooperate with God in the care of our bodies. Love for God is essential for life and health. Faith in God is essential for health. In order to have perfect health, our hearts must be filled with love and hope and joy in the Lord.” *My Life Today*, p. 149. “Gratitude, rejoicing, benevolence, trust in God’s love and care – these are health’s greatest safeguard. To the Israelites they were to be the very keynote of life. *Ministry of Healing*, p. 281. “Religion, then, is not a piece of information for the mind. It is a way of life, which includes all that we are, all that we do, all our hopes and aspirations, all the moments of our lives.” *Health Power*, p. 213. “A for-real relationship with the true God, our Creator, is never optional – it is the very root of health.” Martin Luther King, Jr.

Consider this: There is a close connection between the physical and the spiritual. It is God who heals and not

(Continued on page 11)

Oxford SDA Church

Sabbath Worship Times

Sabbath School @ 9:15 a.m.

Worship @ 10:40 a.m.

322 E Chauncey St
Oxford, WI 53952-9064
608-586-5770

PASTOR: JUSTIN DANE SPADY
PHONE: 260-413-3066

EMAIL: PASTORSPADY@GMAIL.COM

Portage Seventh-day Adventist Church

2100 E State Road 33
Portage, WI 53901-1468
608-742-4695

Pastor: Justin Dane Spady
Phone: 260-413-3066
Email: PastorSpady@gmail.com

Service Times:

Sabbath School: 9:30 a.m.
Worship Service: 11:00 a.m.

Reedsburg SDA Church

115 S. Oak St.
Reedsburg WI 53959

Pastor Justin Spady
Phone: 260-413-3066
Email: PastorSpady@gmail.com

Join Us This Saturday
Sabbath School: 9:30 a.m.
Worship Service: 10:30 a.m.

We have bible studies on Wednesday evening's at 6:30 at the church. We are starting the book of John on video.

Almond SDA Church

Sabbath School: 9:30 a.m.

Worship Service: 11:00

Potluck follows service each week!

1340 Elm St.

Almond WI 54909

715-570-2179

www.almondsda.org

Pastor Justin Spady

260-413-3066

Wautoma SDA Company

Sabbath School: 9:30 a.m.

Worship Service: 11:00 a.m.

Potluck follows service each week!

535 S. Cambridge

Wautoma WI 54982

920-765-0961

wautomawi.adventistchurch.org

Website under construction!

Pastor Justin Spady

260-413-3066

(Health-Continued from page 10)

faith itself. Healing that comes through modern medicine is nevertheless from God.

Here is the conclusion of the whole matter. "Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths. Do not be wise in your own eyes; fear the Lord and depart from evil. It will be health to your flesh, and strength to your bones." Proverbs 3:5-8

Jane Gerndt, Reedsburg Church member

Reedsburg

A couple of items regarding the Reedsburg church. Our Wednesday night Bible study is now studying the book of Mark on DVD.

We have a Friendship supper coming up on April 4. This will be in the church basement starting at 5:30. All are welcome.

On April 8, we will be sponsoring the Red Cross blood drive in LaValle, starting at noon.

(Prophecy-Continued from page 5)

truth, that they might be saved." Here Paul shows plainly, that there was one abomination then at work, which would hinder the rise of the last abomination, until the first was "taken out of the way." Then the second would be Western empire of Rome, which were to arise up and rule one hour, □□(a little time,) with the beast, pagan: for this little horn was to arise or be "set up" among the ten horns. It could not be until after the year 476 after Christ, when the Western empire fell, and was divided into ten kingdoms. It could not come until "they," the ten kings, had "polluted the sanctuary of strength," (meaning Rome.) Dan. xi. 31: "And *they* shall pollute the sanctuary of strength, and shall 'take away' the daily sacrifice, and *they* shall place the abomination that maketh desolate." Who shall do this? I answer, the ten horns, or kings. Rev. xvii. 12, 13: "And the ten horns which thou sawest are ten kings, which have received no kingdom as yet, (when John saw his vision,) but receive power as kings one hour, (a short time,) with the beast." The beast here must mean Rome pagan, for we have been told that beast means a kingdom. Daniel vii. 23: "Thus he said, the fourth beast shall be the fourth kingdom upon earth." And as papal Rome had not yet been "set up," we must of necessity call this beast Rome pagan. Then he tells us, Rev. xvii. 13, "These (ten kings) have one mind," that is, one faith, all being converted to the orthodox religion of the Catholic Roman Church, "and shall give their power and strength to the beast," meaning Rome papal; for now this beast is "set up," and the ten kings have given their power and strength to the pope of Rome, and the woman or Papacy sits upon the scarlet colored beast having seven heads and ten horns revealed, whom the Lord would destroy with the brightness of his coming. The question then would be, when was Paganism taken out of the way? I answer, it must have been after the ten horns arose out of what is called the have one mind," that is, one faith, all being converted to the orthodox religion of the Catholic Roman Church, "and shall give their power and strength to the beast," meaning Rome papal; for now this beast is "set up," and the ten kings have given their power and strength to the pope of Rome, and the woman or Papacy sits upon the scarlet colored beast having seven heads and ten horns.

Then the abomination that maketh desolate began his rule in the fourth kingdom, when "the dragon (emperor of the Eastern empire) gave him his power, his seat, (Rome,) and great authority," (Rev. xiii. 2,) and when the ten kings give their power and strength to him, and he (the pope) uses his authority over the kings of the earth. (See Rev. xvii. 18.) "And the woman thou sawest is that great city, which reigneth over the kings of the earth." These several marks, and combinations of events, and circumstances, in my opinion, can nowhere be fulfilled in any manner agreeing with the prophecy, except in the conversion of the pagan kings to Christianity, which happened as soon as A. D. 508; then they "must continue a short space," Rev. xvii. 10; which is shown in Daniel to be thirty years, the difference between Dan. vii. 25 and xii. 11, the last number, 1290 years, beginning at the "taking away" Paganism, A. D. 508; the first number, 1260 years, beginning at the setting up of Papacy, A. D. 538, when the dragon gave his power, his seat and great authority, and when the ten kings gave their power and strength to Rome papal, and he exerciseth the power of the pagan beast before him. Papacy now killed heretics, as Paganism had Christians before. Then these numbers would end in the year A. D. 1798, allowing a day for a year.

The events which took place in the year 1798, are strong evidence that my calculations of these numbers are correct. Papacy then lost the power to punish heretics with death, and to reign over the kings of the earth. All must agree that Papacy has no temporal power over any kingdom, except the little kingdom of Italy, one of the horns of which the ten are composed. It is very evident, too, that the church is not now in the wilderness, and the time, times and a half of the church in the wilderness were fulfilled when free toleration was given to all religions in Italy, France, Spain, Portugal, &c.; where Bonaparte obtained power and granted free toleration. Also, the two witnesses are not clothed in sackcloth, and the 1260 years are fulfilled. No one can doubt for a moment that the Bible was forbidden to the common people, and forbidden to be translated in any common language, after the orthodox put down the Arian heresy in Italy and the West, by Bellisarius, the general of Justinian's troops, sent into Africa and Italy for the express purpose of suppressing the Arian power, and giving the Church of Rome the preeminence over all schismatics. Then was the Bible taken from the common people, and remained in a sackcloth state from A. D. 538 until A. D. 1798, during 1260 years. Here we find the prophetic time of days fulfilled in years, by two ways more. And now it remains to show the end, by Dan. xii. 11, 12. "And from the time that the daily sacrifice shall be taken away, and the abomination that maketh desolate set up, there shall be 1290 days." Paganism taken away A. D. 508; add 1290, makes 1798. "Blessed is he that waiteth, and cometh to the 1335 days: but go thou thy way until the end be, for thou shalt rest and stand in thy lot at the end of the days." by two ways more. And now it remains to show the end, by Dan. xii. 11, 12. "And from the time that the daily sacrifice shall be taken away, and the abomination that maketh desolate set up, there shall be 1290 days." Paganism taken away A. D. 508; add 1290, makes 1798. "Blessed is he that waiteth, and cometh to the 1335 days: but go thou thy way until the end be, for thou shalt rest and stand in thy lot at the end of the days."

When will the end of these days be? you may inquire. I answer, 1335 years from taking away the first abomination of the Roman kingdom, A. D. 508, to which add 1335 and it makes A. D. 1843, when Daniel will stand in his lot, and all who have waited for the Lord will be blessed. This led Mr. Miller to believe that the "daily" of Daniel was Paganism, or idolatry.

SYNOPSIS OF MILLER'S VIEWS – BY WILLIAM MILLER – WRITTEN JANUARY 1, 1843, Pages 28, 29, 33 & 34:

IX. It can also be proved by Daniel xii. 11-13, "And from the time that the daily sacrifice shall be taken away, and the abomination that maketh desolate set up, there shall be a thousand two hundred and ninety days. Blessed is he that waiteth, and cometh to the thousand three hundred and five and thirty days. But go thou thy way till the end be: for thou shalt rest, and stand in thy lot at the end of the days." The number 1335 days, from the taking away of Rome Pagan, A. D. 508, to set up Rome Papal, and the reign of Papacy, is 1290 days, which was exactly fulfilled in 1290 years, being fulfilled in 1798. This proves the 1335 days to be years, and that Daniel will stand in his lot in A. D. 1843. For proof texts, see Dan. xi. 31, "And arms shall stand on his part, and they shall pollute the sanctuary of strength, and shall

(Continued on page 13)

(Prophecy-Continued from page 12)

take away the daily sacrifice, and they shall place the abomination that maketh desolate.” 2 Thess. ii. 6-8, “And now ye know what withholdeth that he might be revealed in his time. For the mystery of iniquity doth already work: only he who now letteth will let, until he be taken out of the way. And then shall that wicked be revealed, whom the Lord shall consume with the spirit of his mouth, and shall destroy with the brightness of his coming:” Job. xix. 25, “For I know that my Redeemer liveth, and that he shall stand at the latter day upon the earth:” [Miller’s Lectures page 100.]

XV. It can be proved by the numbers in Rev. xiii. 18, “Here is wisdom. Let him that hath understanding count the number of the beast: for it is the number of a man; and his number is six hundred threescore and six,” connected with Daniel xii. 12, as before quoted. This text shows the number of years that Rome would exist under the blasphemous head of Paganism, after it was connected with the people of God by league, beginning B. C. 158, add 666 years, will bring us to A. D. 508, when the daily was taken away. Then add Dan. xii. 12, the 1335 to 508, makes the year 1843. When the beast and his image will be tormented in the presence of the holy angels, and the Lamb. See Rev. xiv. 9-12. “And the third angel followed them, saying with a loud voice, If any man worship the beast and his image, and receive his mark in his forehead, or in his hand, the same shall drink of the wine of the wrath of God, which is poured out without mixture into the cup of his indignation; and he shall be tormented with fire and brimstone in the presence of the holy angels, and in the presence of the Lamb: and the smoke of their torment ascendeth up for ever and ever: and they have no rest day nor night, who worship the beast and his image, and whosoever receiveth the mark of his name. Here is the patience of the saints: here are they that keep the commandments of God, and the faith of Jesus.” – [Miller’s Lectures, page 76.]

The Midnight Cry, February 22, 1844: - “In the evening, Mr. Miller lectured upon the number of the beast, in Rev.” “He was unusually clear, and seemed to carry conviction to many, of the correctness of his application of this prophecy. He remarked that his Advent brethren had not generally agreed with his views of it, and that satisfied him that they studied the scriptures for themselves, and followed him only so far as they believed he followed the word of God. He was however, fully satisfied that the number of the beast 666 could only denote the years of pagan Roman supremacy from B. C. 158 to A. D. 508.” As the majority of Adventists were **NOT** united before 1844 on Br. Miller’s teaching on this point, his teaching concerning 666 and “the daily” does **NOT** come under the inspired endorsement of the statement from the Testimony of Jesus found in The Present Truth.

{May the Lord bless and guide the honest in heart reader as you carefully study these materials. And may this Study Document be used to help establish you in the original Advent message, so that you will not be led away with the various winds of false doctrines that are blowing today.} Our next month topic for **The Landmarks of “the Daily”** is: The Testimony of Sylvester Bliss.

Dear SDA Friends and Grace Notes Family;

My heart wants to speak to you each today. The God of heaven and earth wants to march across your life and free you each from troubling painful circumstances and situations. Trust me, He does specialize in the impossible and comes through when all hope is lost. He breaks us out of the enemy’s traps. God wants to give my SDA friends/Grace Notes family a super natural breakthrough in life!

Breakthrough is not about our condition. It’s about believing God. Friends, it doesn’t matter how many times you have failed. Breakthrough is still available.

Call out to God and watch how fast He will come on your behalf! I do love and care for each of you guys. We are SDA family and we need to express this love to others, they have lots of brothers in prison like myself who would love hearing from others.

God is always there for us and we need to be there for others to show them the love of God! I am praying for you each and do hope to be hearing from someone soon. Love me and accept me just like Christ has given each one of you guys a new life. Please accept me as a real SDA Christian, Okay: thanks a lot.

Ken Wells

Wautoma Company Revelation Seminar needs Volunteers!!

The Wautoma SDA Company will be starting a Revelation Seminar on April 9 - June 1. We will be meeting each Tuesday, Thursday and Saturday night from 6:30 p.m. until 8:00 p.m. We are in need of the following volunteers:

Special Music Presenters each week (call Alan Anderson @ 920-787-2580)

Prayer Warriors for each Tuesday, Thursday, Wednesday and Saturday Nights (call Tim Schmidt @ 920-859-8002)

Health Talk Speakers (about 10 minutes) for each Tuesday and Thursday night (call Judy Schmidt @ 920-859-8002)

Visitation Volunteers to participate with follow-up visits (call Tim Schmidt @ 920-859-8002)

GRACE NOTES

Mailing Address:
Grace Notes
c/o Rick Felts
9162 Boelter Lake Drive
Almond WI 54909-9729

Phone: 715-572-0650
E-mail: gracenotesnewsletter@yahoo.com

Contribution deadline is the 23rd
of the month

Disclaimer:

The stories, views and opinions expressed in this newsletter are those of the original authors and other contributors and do not necessarily reflect the official policy or position of the Seventh-day Adventist Church, Grace Notes or any of its staff. Thank you...

Pictures are best viewed on the website. <http://www.almondsda.org/district-newsletter/2019>



Mission Statement:

Fostering Unity

Vision Statement:

To be a resource which encourages and inspires unity in our church district; through inspirational thoughts, informative articles and testimonials; preparing for the soon coming of Christ.

Ministry From Home

Have you ever thought of having a prison ministry? You don't have to leave your home to have this. A letter changes the life of an inmate every time they receive it. Pray that God will lead you to write an inmate. Give an inmate a blessing!

Kenneth Wells 414034

Sturtevant Transitional Facility

PO box 903

Sturtevant, WI 53177

Letters to the editor...

If you have ideas, thoughts, complaints or opinions, write to us. This column will appear each month.

Send emails to

["gracenotesnewsletter@yahoo.com"](mailto:gracenotesnewsletter@yahoo.com)

Thanks,

Grace Notes Editor

Recipe Corner

Our potluck meals are the best.

Share some of your best vegetarian or vegan recipes for others to try.

Send it to us and we'll share it for you.

Healthy food doesn't have to taste bad!

Brown Rice Pudding

From the *Naturally Gourmet Cookbook* by Karen Houghton. Submitted by Jane Gerndt.

Very good! We use this pudding as a dessert but it is listed under the breakfast recipes. It is great as a cereal too! I use fresh pineapple.

2 cups cooked brown rice

½ cup chopped dates

½ cup chopped raisins

½ cup raw cashews

¼ tsp cinnamon

¼ cup dried or fresh chopped pineapple

2/3 cup or enough water to blend

1 Tbsp honey or maple syrup

Preheat oven to 350 degrees. Mix rice, dates, raisins, cinnamon and pineapple in a bowl. Blend cashews, water and honey until creamy. Add blended ingredients to rice mixture and combine well. Place in a well-oiled casserole dish and bake for 30 minutes. We eat it as is but you can serve it warm with soymilk or pear cream.