

Grace Notes

BRINGING UNITY, EVENTS & NEWS
TO THE CHURCHES OF ALMOND, WAUTOMA,
STEVENS POINT AND WISCONSIN RAPIDS

He is Worthy to be Praised...

Thanksgivings Remembered

by *Pastor Joseph Perriellia*

(2 Samuel 22:4)

It is around this time of year we seem to romanticize the past. Over time family gatherings are looked upon with such fond memories. The difficulties and stress of having gatherings of family and friends around the Thanksgiving table fade in the light of the pleasantness of a good meal with those we hold near and dear.

Why do we put such emphasis upon holidays and celebrations? I believe it comes from a fundamental desire to be part of something bigger and greater than ourselves. An inner sense of family placed within us by our creator.

I believe this seed serves a Divine purpose. It appears, as human beings we are social creatures. We have deep within us an almost instinctive desire to be part of a collective. A drive to be part of the group. This is evidenced at a very early age and throughout our development by seeking out friends to play with. Companion

ship and contact from others has been proven absolutely essential to our very existence.

Reportedly, in the 1940's there was an experiment conducted on withholding affection from babies which resulted in their deaths. However, I am unsure as to the validity of the experiment it appears to fit what I do understand about people being isolated and surviving.

One of the most difficult survival scenarios is being stranded alone. The survival statistics demonstrate the likelihood of survival drops significantly when you are alone.

If we are created for fellowship as I am suggesting, then it only goes to reason we need each other for survival. But I believe our need for community goes much further. I believe we were created to aide each other in reaching our fullest potential. To reach far beyond mediocracy and the

mundane, to a level of greatness which will propel humanity to regain what has been taken away.

One day soon the Bible tells us Jesus Christ will return, and when He does the righteous will be transformed in the twinkling of an eye. I am confident none of us knows exactly what this fully means, but it has to be glorious.

This alone is enough to be thankful. However, I also believe as God reveals to us how involved He has been throughout our lives we will be so much more grateful and astonished.

But must we wait to reflect on all God has done for us, and through us? Must we hold on to our thanksgivings until then? Is it even possible to hold back the flood of praise for our great redeemer?

When all of the redeemed of the earth are gathered together they will not be able to contain their praises and thanksgivings. Let's not hold back now. This time of year is the perfect time for us to gather together as friends and family and practice giving thanks to our Great and Awesome Creator/Redeemer.

Testimony of Commitment



Then
&
Now



Harlow and Jane Peterson, celebrate 65 years of marriage!

Harlow became an Adventist at a very young age. His parents had attended an Evangelistic meeting, liked and agreed with what was said and soon became Adventists themselves. By default, the entire family also became Adventist. Harlow is one of 13 children, that along with their parents, attended the Adventist Church faithfully.

Jane is the oldest of 2 children in her family. Her parents didn't really attend church regularly but if they did, it was at the Methodist Church. The one time they did attend each year involved the chicken pot pie supper, but everyone in the area attended that event, whether they were Methodist or not. During her childhood, Jane spent many Sundays with her Grandmother in Stevens Point. Jane remembers walking downtown to the theater with dimes to go and see a movie. Jane attended church many times with her Grandmother.

Jane met Harlow the first time at a bus station while he was meeting someone who was going to be standing up in his brother's wedding. They would see each other occasionally at the bowling alley in Bancroft. Friendship continued building and eventually Harlow asked Jane out on a date. They went roller skating on their first date and many subsequent dates. Jane tells the story of how they were sitting, parked in the car one night while waiting for Harlow's brother to walk his date to the door. It was during that time that Harlow pointed out the constellation 'Orion' up in the sky and mentioned to Jane, "this is where Jesus will be coming through when he comes back." Harlow then began inviting Jane to church, the Almond Seventh Day Adventist Church, and she gladly accepted. True to form in our church, she was made welcome, and put to work. They asked her to help out in the book library. As she was working with these books, she read them all and studied herself into becoming an Adventist. Bible studies with others and all the reading she had done aided in her conversion to become an Adventist.

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On September 23, 1951 Harlow and Jane were married in the Almond SDA Church. They lived and worked on Harlow's family farm for a couple years, then on to another farm but through God's guidance they ended up living and working the farm of Jane's parents. The exact farm and house that Jane was born in. They ran a dairy farm for many years until one day when Del Monte came to Harlow asking him to try planting green beans for them. They told him that he would make more money growing vegetables than he ever was with dairy farming. They started small with the beans, found the profits as promised and never looked back. They farmed crops ever since. For a while Jane worked outside the home but Harlow said he needed help and wanted to hire someone to help him. Jane quit her job and became his hired hand. That was the start of a long farming relationship that made their marriage even stronger. Jane tells me that it was hard work but they each had a job to do, and they did it. Each morning they laid out a plan of what needed to be done, who was doing it and at the end of the day it was done. The next day they would start over. They worked well together. Of course there were hard times throughout their marriage. The work was hard, financial issues always come up but they have always worked through any issue that came to them, with God's help.

Jane's Grandmother also attended church with Harlow and Jane while staying in California until she had a stroke and couldn't attend any longer. Sabbath has always been and continues to be very special to Harlow and Jane. They remember going to church, visiting and eating with friends and resting with the Lord. They still do that today and enjoy it just as much.

Harlow and Jane have always been very active in the Almond Church. They are always there to help when needed, whether it is a need at the church or a personal need of someone else. They continue to be there to bless all of us in whatever way God leads them to. There are many areas of Harlow's handiwork around the church, that will be there for years to come. Jane has always been strongly involved in quilting and other sewing hobbies. She does beautiful work so if you ever get a chance, ask to see some of her work. It will be worth it.

Harlow and Jane were never blessed with children but they were blessed in so many other ways. Because they didn't have their own children, they became a blessing to other peoples children by sharing their lives with them.

After a lifetime of farming together, Harlow retired at age 65. He continued renting his land to neighbors but his daily work was done. This gave them the opportunity to travel so each winter, they would take off to warmer climate areas. In the beginning they pulled an RV but eventually they settled in a southern Texas area, purchased a mobile home in a park and each winter they migrate there. It's funny but you can always be assured of two things. First is that when they leave to go to Texas, we will have a big snow storm that day or the next and second is that when they return, we will get 1 more big snow storm shortly after their return. This is more accurate than any weather forecast you will ever hear.

September 23, 2016 marked the celebration of 65 years of marriage for Harlow and Jane Peterson. What an accomplishment this is. What a testimony of God's grace and love. They are a great example of what God intended marriage to be. Whenever you are around them, you feel the love that they have for each other. It just shows in everything they do for each other and say to each other.

God has truly blessed them and in turn, has blessed us by being part of their church family. Thank you Harlow and Jane for your great example of the love of Christ and His power! You've shown us your great commitment to each other and to God.

What a testimony of love you are.

(Written by Rick Felts, as told to me by Harlow and Jane Peterson)

The Glass Slippers

We were in Ashburn GA traveling between Andersonville GA and Ashburn working on a project there. We like to visit second hand stores. For a few years there was one in Ashburn with exciting previously loved items. We went to visit and found it closed and was taken over. It was now a wood shop. The mans sister closed it because of expenses. While talking he said there are things left in the back that he was going to throw away. From the doorway we could see things stacked up. Of course I was looking for tools or other junk, I mean stuff. The Methodist Church in Andersonville was having a shoe drive to send overseas. You could barely see because of the darkness in the room. Rosemary said Doug, look at those shoes! I couldn't see any shoes. The man said to take anything you want. Rosemary got very excited and talked me into taking those shoes. The car was full, and I do mean full. I asked, what are we going to do with all of these? She reminded me of the shoe drive. They were dusty and dirty. We have to clean them, Rosemary said. I said, NO, let the church clean them. Well during the 60 mile trip, with cleaning supplies, Rosemary cleaned 110 1/2 pair of shoes and put them together. I said, pray we don't get stopped. They will certainly put us away. I'm glad I was driving because I wouldn't have a had a place to sit. The Methodist Church collected 230 1/2 pairs of shoes. I said that maybe there would be a person there with only one foot.

Rosemary saw **glass slippers** and all I saw was a bunch of dirty, stinky shoes.

(Submitted by Doug and Rosemary Bruder)

Blessing from the Lord are without number

Many times we take for granted our blessing and don't even think to thank Him. We were reminded of the blessing of pets in a recent newsletter. Most of us at some time in our lives have been blessed with a pet. Here is a rundown of the present pet blessing the Lord has given the Almond-Wautoma Church.

Alan and Cheryl Anderson just recently have been left catless and are in the market for two new kittens a Siamese and a mixed but have a horse named Sierra and part shares in a Yorkshire Terrier named Mandy. She spends her day a short run up the road with Millie, Alan's Mom, then comes home in the evening. Eric and Carrie inherited a cat with their new home named Ma. Rick Felts and Ken Wilson also share a pet. Puppy is a half Austrian Shepherd and half Dachs-hund. They have not told us which half is whose. Ferguson's have two gray and white sisters, Helena and Denver. Spur is their Black Lab; she and the cats are great friends. Rich and Jody Lucus cat sit for their granddaughter, Payton. Elsa is a very good mouser and enjoys leaving her prizes all over the living room for Jody to find. Don and Angie Metzger have two Golden retrievers, Trouble and Hunter. They, Trouble and Hunter, try hard to keep them, Don and Angie, in line, but it's a difficult job and then they think Trouble is a good name! go figure. They have three cats, two females Brat and Emmy and one male, Twitter. Matt and Sherri Riggle have a Maine Coon cat, Cindy Lou Who (you'd never know it if you visit them, we just take their word for it). And the newest blessing as of October 23, a Porkie (Yorkshire terrier and the Pomeranian) named Amazing Grace! John and Dorothy Tess have two Black Tennessee Walkers with the glide ride, Black Jack and Mark (wonderful to ride). If anyone enjoys riding, Dorothy is always ready for a riding partner. Mike and Rachel Tess have two inside cats, Buttons and Louie, and two outside cats, (occupying the ultimate cat house) Billy and the only girl Pixie.

Thank you Father, "the living God, who giveth us richly all things to enjoy." 1 Timothy 6:17

(Written and submitted by Karen Ferguson)

Are You In Need of ?

This section is intended as an outreach to help those with needs, also helping those with the need to free up space in their homes by donating those un-needed items to those who have a use for them. May God Bless you for your generosity. If you have items to donate to someone else, let us know.

ITEMS TO GIVE AWAY

Electric Clothes Dryer

Call 715-498-1126

Child's Trundle Bed

It is a single bed that stands a little taller than waist high, you have 3 steps on the left end to get into it. Another single bed on coaster wheels slides underneath the top bed. Built into the steps are 3 drawers of different lengths. We also have 2 mattresses in very good condition (no stains) with mattress covers, sheets and pillow cases.

Call 715-347-3308 or 715-347-3309

Acer Desktop Computer

It's not state of the art, but it's complete with Windows 7, Microsoft Office and Anti-virus protection. There is a keyboard and mouse included but there is no monitor. Still good enough for most general duties and internet use.

Call 715-572-0650

How is your diet?

I love egg roti prata, a popular pancake in my country of Singapore. So I was intrigued to read that a 125 pound (57 kg) person must run 5 miles (8 km) per hour for 30 minutes to burn 240 calories. That's equivalent to only one egg roti prata.

Ever since I started working out in the gym, those numbers have taken on a new significance for me. I find myself asking: Is this food worth the calories?

While it is wise to watch our food consumption, it is even more important to watch our media consumption. Research shows that what we see can stay in our minds for along time and influence our behavior. It has a "clingly effect," sticking to us like that stubborn fat we find so hard to lose.

With the wide variety of media content surrounding us today, we need to be discerning consumers. That doesn't mean we read only Christian literature or watch only faith-related movies, but we are careful about what we allow our eyes to see. We might ask ourselves: Is this worth my time?

In Philippians 4:8, the apostle Paul tells us in essence, "Feed your eyes and minds on things that are true, noble, just, pure, lovely, of good report, virtuous and praiseworthy." This is a "diet" worthy of what Christ has done and is doing in us.

Are my viewing habits enhancing my life or are they drawing me away from things that really matter? Help me, Lord, to make wise choices.

Submitted by Virgil Erickson. WR

Voice of Prophecy Prayer

May God be ahead of you, to guide you—
 May God be behind you, to protect you—
 May God be beside you, to befriend you—
 May God be above you, to watch over you—
 May God be in you, to give you peace.

From The Elder's Heart

You are what you eat

One day I was doing some research for something and came across an article in the Signs of the Times that has challenged me ever since. The article opened:

“Principles are greater than men; for they make men what they are. A good character is but the development of good principles; and evil character, of evil principles. A good man is a good principle incarnate. An evil man is an evil principle incarnate. Each is the impersonation of the principle which actuates him” (Author unknown, “Against Themselves”, October 25, 1899).

This puzzled me. Could it be this simple?

According to the 1828 edition of Webster’s dictionary (and I use that version because it’s published closer to the time of this article), the definition of *principle* is:

1. in a general sense, the cause, source or origin of anything; that from which a thing proceeds
2. element, constituent part; primordial substance

...

5. ground; foundation; that which supports an assertion, an action, or a series of actions or of reasoning.

The author of the article points out that we are essentially a composition of principles. Whatever those principles are, we are. They define character as the “embodiment of eternal, essential principle.” In the book *Christian Education*, Ellen White observes, “Actions make habits, and habits, character” (p. 92). In *Adventist Home*, she states that our destiny is determined by our character (see p. 455). The Bible reveals to us that our actions (everything we say and do) emerges from our hearts (Proverbs 23:7; 4:23; Matthew 12:34). So, our destiny is ultimately determined by the principles that our hearts are composed of. In order to live eternally, we must be constructed of eternal principles.

In light of this, the Bible opens in an interesting way. It opens by revealing to us the foundational principles of every created thing. Each day, as God embarks on the creation of some new thing, we are told He speaks (“And God said . . .”). And each day, the same result occurs, “and it was so.” This is the pattern of creation. The essence of everything created by Jehovah emerged from His word. John confirms this explaining that the Word is the source of “everything that was made” (John 1:3; see also Colossians 1:16; Hebrews 1:3; Psalm 33:6, 9). This is the only source of life for the universe. If we are to live, we must be constituted of the principles that “proceed out of the mouth of God” (Matthew 4:4; Luke 4:4).

The Bible reveals to us the motivating principle that drives these words of God. We are told that “God is love” (1 John 4:8). This then, is the foundational principle of the universe. It is the cause, source, and origin of everything. It is the primordial substance of everything that was made by Him. This is the guiding principle that God offers us to build our characters from. And to ensure that we would not be confused about the nature of this principle, “the Word became flesh and dwelt among us” (John 1:14). In every word and action of Jesus we see this principle in motion. In other words, every word and action of Jesus is the manifestation of this foundational principle. Jesus was God’s “thought made audible” (Desire of Ages, p. 19). His life is an example of the character that is a composite of the principles that are in the heart of God. In Jesus heart, the Law of God is transcribed (Psalm 40:8). He is the picture of what anyone could be if they received the principles of God as their building blocks.

Fortunately, Jesus did not leave this construction to us. When asked how one can successfully “work the works of God,” Jesus responded by saying that we should believe on Him. When elaborating on that statement He said that He has offered Himself to us as food; so that none are confused, He clarified saying that when we eat His word (His principles) we are eating of Him. If we eat them we will have life (see John 6:25-71). This is the prescribed recipe of character building for all.

We live just on the verge of Jesus’ soon return. In that day the rewards of all will be revealed. Everyone who allowed themselves to be built on the foundation of God’s principles will be given the reward of eternal dwelling with the Father. Everyone has opportunity to make this choice. Principles are greater than men. God’s principles precede us, they are eternal. Do you want to be good? Allow yourself to be remade by God’s principles. Only those things made by God’s word are good (see Genesis 1:31). Everyone, one way or another, is the impersonation of principles. My prayer is that we all become the impersonation of the principles that actuate God.

by Jasper St. Bernard, Elder from Wisconsin Rapids

Wandering

My faith has always been very important to me. Jesus has always been very important to me and I've always loved Him. But, throughout my life, my walk with Him has taken on some wandering. As an infant, I was baptized into the Catholic church. I attended Catholic grade school and high school. After graduation, I joined a convent. I served in the hospital field and became a hospital chaplain. But when I decided to leave the convent, I was fired from the chaplaincy position.

This was a blessing in disguise as a ministry had begun at the Alternative Coffee House in downtown Stevens Point, and I regularly attended the Bible studies they held there. I attended a non-denominational church for fourteen years; after that, I attended church services at the Salvation Army. I attended church all my life, but still felt lost.

In April 2006, I received the mailing for the "Adventures in Prophecy" series, presented by Ric Swaningson, and went to all but the first four meetings. What impressed me most was the fact that the messages were based on the Bible. None of it was man's opinion or interpretation. When the Sabbath message was presented, I realized that this was the final piece of the puzzle. After the seminar, I was baptized on June 10th, and became a member of the Seventh-day Adventist Church.

During the seminar, the Lord gave me the gift of writing Scripture poetry. I had never written a line of verse before but suddenly Jesus was putting the words in my head. Sometimes, I can sit down and scratch out a complete poem in just a few minutes; other times, it takes longer. My first poem was "To a Dear Teen". I continue to write these poems and they keep me strong in Him. My book "An Escape to His Arms", a sample of my poetry, was published in 2015. I also have three CDs of poems that I recite, and I give these away to others. They are entitled "God's Message", "God's Message II" and "God's Message III".

I enjoy witnessing for the Lord. One of my favorite Scriptures to share with others is "Be still and know that I am God" Psalms 46:10. Before, I knew about God. Now, I know Him personally. Praise Jesus for His mercy and His goodness!! Amen!!



"My Exodus"

Dolores Shudarek

Believe it or not, I'm an ex-nun.
 For almost twenty-eight years I searched for the
 Truth of God's Son.
 For years my own journey I walked,
 Until later I was on the run.
 From the darkness of my prison cell,
 I opened the gate so well,
 So that I could walk into the light of His Sight.
 Then I knew what I did was right,
 Because ten years previously God
 Would wake me in the night
 And tell me to leave behind all the papal blight.
 How many Christians are locked in their own prison,
 Locked on some error which may keep them
 In bondage or consternation?
 Jesus calls us each by name
 To come and follow Him to spread
 His love and fame.

WISCONSIN RAPIDS CHURCH SCHEDULE OF EVENTS



Calendar of Events

- Nov 2 Bible Study & Prayer meeting, 6:30 p.m.
- Nov 5 Fellowship dinner following the church service
- Nov 9 Bible Study & Prayer meeting, 6:30 p.m.
- Nov 12 Communion Service
- Nov 12 Pathfinders, 2:00 p.m.
- Nov 12 Fellowship dinner following the church service
- Nov 14 Board meeting, 6:30 p.m.
- Nov 16 Bible Study & Prayer meeting, 6:30 p.m.
- Nov 19 Pathfinder Sabbath
- Nov 19 Fellowship dinner following the church service
- Nov 23 Bible Study & Prayer meeting, 6:30 p.m.
- Nov 26 Fellowship dinner following the church service
- Nov 30 Bible Study & Prayer meeting, 6:30 p.m.

[Sabbath School begins at 9:30](#)
[Worship Service begins at 10:55](#)

Food Drive: We are collecting non-perishable food items for our fall/winter food drive. Items can be placed in the fellowship hall next to The Giving Tree.

The Shepherd's Way - Community Service Day

On October 2nd, we held our third Community Service Day at the Wisconsin Rapids SDA church. About 50 people from the community came to check out the free clothing and food pantry. Dozens of bags of free clothing were given out along with over 40 bags of food items and personal care products.

Samples of vegetarian food was available for anyone interested in trying. Mock tuna spread, hummus, and energy bites were just some of the tasty items available. Many compliments on the food were heard along with requests for the recipes.

ANNOUNCEMENTS

The Pathfinder's had an information table and displayed some of the projects they had worked on over the past year. The Adventurer group prepared bags for children and had singing and story time. Women's Ministries handed out gift bags to the women. Steps to Christ, glow tracts and health information was also free for anyone to take. WRAO radio was open to the public. Station manager, Dean Thomas, was on site to answer questions and hand out promotional items and program guides.

Everyone was asked to complete a survey which entered them in the drawing for a gas card or a quilt. Three people indicated they were interested in having Bible studies and there were many requests for prayer.

Each year we have seen the number of people in attendance grow. One person that has attended commented, "I always look forward to coming to the community service day. I find such nice things for grandkids and great grandkids." We pray that God will use our efforts to bless those in our community.

The Giving Tree - new items have been added. Check it out and see how you can help with community outreach!

Country Life Natural Foods order deadlines:

November 22

December 21

If you would like to place an order, please contact Dean Thomas (715.644.8183) or Pam Thomas (715.644.8399).

Visit us on the web at "www.wrsdachurch.org"

Article from Wautoma Church Plant

Wautoma church news: the children's Sabbath School of which 5 regularly attend are studying the "Armor of God". what a great lesson to equip our young people to be able to defend themselves against the wiles of the devil. We started with the "belt of truth" and have covered the "Breast plate of Righteousness" and will each week cover another article of our armor: helmet, shield, sword and shoes. We have the lesson and then color or craft something to complete the lesson. Here is a photo of four of the children with a project they worked on.



Children's Sabbath School



Anderson's Western Social

On the 15th of October the Anderson's from the Wautoma church hosted a "Western" social in their home. There were 52 people in attendance. Many dressed in western attire or had some western gear (including Indian). A western menu included: cattleman's potatoes, corn on the cob, chuck wagon beans, tamale casserole and cowboy cabbage. Sweet treats were sugar cookies in the western shapes, fool's gold, horse cupcakes, apple cider, lemon aid and cactus juice (water) to complete the meal. There were straw bales to sit on and decorations of a western nature to lend an air of the old west. Even a few wanted posters of some in our group. A good time was had by all. We had a worship service after the meal. Guitars were tuned and violin bow was rosined and our hearts were raised to heaven in song. A devotional entitled "all together now" was about our unity with other believers and enabling us to broadcast God's greatness. Satan loves to divide and conquer, but his efforts fail when with God's help we "make every effort to keep unity of spirit through the bond of peace (Eph 4:3) We need to gather together more and more as we see "the day" approaching. We forge a bond with each other and God. What a great opportunity to invite those we want to win to Christ. Try it and you'll find how much joy you have together with friends and family.

(Written and Submitted by Cheryl Anderson)

WAUTOMA CHURCH PLANT SCHEDULE

- Nov 2 Prayer Mtg. 7:00
- Nov 5 Sabbath—Vegetarian Potluck after
- Nov 6 Bible Study (Anderson's) 5:30
- Nov 9 Prayer Mtg. 7:00
- Nov 12 Sabbath—Vegetarian Potluck after
- Nov 13 Bible Study (Anderson's) 5:30
- Nov 16 Prayer Mtg. 7:00
- Nov 19 Sabbath—Vegetarian Potluck after
- Nov 20 Bible Study (Anderson's) 5:30
- Nov 23 Prayer Mtg. 7:00
- Nov 26 Sabbath—Vegetarian Potluck after
- Nov 27 Bible Study (Anderson's) 5:30
- Nov 30 Prayer Mtg. 7:00

Wautoma Seventh Day Adventist Church

God continues to bless His church in Wautoma. It is God that changes hearts. It is God that gives us the strength to serve Him. We meet on Sabbath to share in His worship. We join in a prayer group Wednesday evenings and we are impressed that God both hears and answers our prayers. We believe that nothing we do can succeed unless we first ask God's blessings. We ask for His blessings on our contacts in the community, we pray for health for the ailing, and courage to the disheartened. Every week we can count on the answers to prayers that God provides. We feel blessed in Wautoma because God is present in the women's group that meets weekly. We feel blessed that 52 people attended our western social where God blessed the fellowship and the praises in song that were lifted then. Although our weekly attendance remains modest, we still feel God's presence and we know He has bigger plans for Wautoma.

Submitted by Alan Anderson

ALMOND SDA CHURCH SCHEDULE OF EVENTS



November Events

(Visit our website)
www.almondsda.org

- Nov 2 Community Bible Study 7:00 (Great Controversy)
- Nov 4 Prayer Mtg. (Unity) 7:00
- Nov 5 Sabbath—Vegetarian Potluck after
(Msg. by Dorothy Tess)
- Nov 6 Bible Study (Anderson Home) 5:30
- Nov 9 Community Bible Study 7:00 (Great Controversy)
- Nov 11 Prayer Mtg. (Unity) 7:00
- Nov 12 Sabbath—Vegetarian Potluck after
(Msg. by Bill Boehm)
- Nov 13 Men's Ministry Breakfast/Bible Study 9:00
- Nov 13 Bible Study (Anderson Home) 5:30
- Nov 16 Community Bible Study 7:00 (Great Controversy)
- Nov 18 Prayer Mtg. (Unity) 7:00
- Nov 19 Sabbath—Vegetarian Potluck after
(Msg. by Pastor Joseph Perricella)
- Nov 20 Bible Study (Anderson Home) 5:30
- Nov 23 Community Bible Study 7:00 (Great Controversy)
- Nov 25 Prayer Mtg. (Unity) 7:00
- Nov 26 Sabbath—Vegetarian Potluck after
(Msg. by Dean Thomas)
- Nov 27 Bible Study (Anderson Home) 5:30
- Nov 30 Community Bible Study 7:00 (Great Controversy)

Community Bible Study - Wednesday 7PM

We are currently studying The Great Controversy by Ellen G. White

Unity Prayer Meeting - Friday 7PM

"Christ is leading out a people, and bringing them into the unity of faith, that they may be one, as He is one with the Father." EGW, TC, v1, p324, p1

Bible Study - Anderson Home - Sunday 5:30PM

This study begins with fellowship and potluck before we dive into the book of Acts for an in depth study.

From book: Hard to be lost by M. Vendem

Pg. 116 "When Jesus comes again. That's the only thing that's going to count. There will be nothing else important at all...Houses, Lands, Names in lights, Achievements, Success, Nothing. Track record, Morality, Good Deeds...Nothing. There will be nothing that counts except this one thing: Do I know him?"

Pg. 121-122 "As you look into the face of Jesus, won't it be wonderful to be able to say, I know you. And him saying, I know you too!"

Waking, sleeping, in His keeping

(Submitted by Nona Schmidt)

"And God said to Moses, 'I AM WHO I AM'. And He said, 'Thus shall you say to the children of Israel, I AM has sent me to you'". Ex.3:14

I A M

I love Your name, Lord !
Spelt in capitals,
the name You handed Moses,
the great I AM.
Awesome Power,
convinced the people.

Lord, You convinced me too,
for, my Strong Tower,
I've run to You so often,
snuggled close,
savored peace,
known Your power and tenderness,
Almighty Lover !

STEVENS POINT CHURCH
SCHEDULE OF EVENTS



Stevens Point SDA Church, Upcoming Events in November, 2016

Tuesday, November 1 – 7 pm	Prayer Meeting & Bible study at church. Jasper St. Bernard is facilitating the lesson on Revelation.
Thursday, November 3 – 6:45 pm	Community Bible Study in the Fellowship room with Maria Frank.
Sabbath, November 5 – 9:20 am	Sabbath day Communion services. Sabbath school at 9:20 a.m., Lesson Study is at 10:00 am, Worship service at 10:50 am. The elder will be Lem Lowry, Beth Ruehl is facilitating the lesson, and Pastor Perricellia will present the message. Please prepare yourself for this sacred service by reading 1st Corinthians 11:27 – 31 and Patriarchs and Prophets, pages 305 – 307.
Tuesday, November 8 – 7 pm	Prayer Meeting & Bible study at church. Jasper St. Bernard is facilitating the lesson on Revelation.
Wednesday, November 9 – 4:30 pm	Monthly quilting.
Thursday, November 10 – 6:45 pm	Community Bible Study in the Fellowship room with Maria Frank.
Sabbath, November 12 – 9:20 am	Sabbath day services. Sabbath school at 9:20 a.m., Lesson Study is at 10:00 am, Worship service at 10:50 am. Leroy Dissing will be facilitating the lesson, and Eric Anderson will present the message.
Tuesday, November 15 – 7 pm	Prayer Meeting & Bible study at church. Jasper St. Bernard is facilitating the lesson on Revelation.
Thursday, November 17 – 6:45 pm	Community Bible Study in the Fellowship room with Maria Frank.
Sabbath, November 19 – 9:20 am	Sabbath day services. Sabbath school at 9:20 a.m., Lesson Study is at 10:00 am, Worship service at 10:50 am. Harvey Churkey will be facilitating the lesson, and Maria Frank will present the message.
Tuesday, November 22 – 7 pm	Prayer Meeting & Bible study at church. Jasper St. Bernard is facilitating the lesson on Revelation (unless cancelled for Thanksgiving).
Thursday, November 24	Happy Thanksgiving!
Sabbath, November 26 – 9:20 am	Sabbath day services. Sabbath school at 9:20 a.m., Lesson Study is at 10:00 am, Worship service at 10:50 am. Darrell Brown will be facilitating the lesson, and Jasper St. Bernard will present the message.
Tuesday, November 29 – 7 pm	Prayer Meeting & Bible study at church. Jasper St. Bernard is facilitating the lesson on Revelation.
Tuesday, November 29 – 7 pm	Prayer Meeting & Bible study at church. Jasper St. Bernard is facilitating the lesson on Revelation.

Visit us on the web at www.stevenspoint22.adventistchurchconnect.org

MONTHLY HEALTH NUGGET

Our Stomach

I think everyone is familiar with the stomach. Our stomachs seem to talk to us. They let us know when we need to eat, or eat too much. They also let us know when we indulge in the wrong type of foods. Our stomachs tolerate a lot of abuse. But, how do our stomachs work? What happens after we swallow our food?

The body's GI tract begins at the mouth, includes the esophagus, stomach, small intestine, large intestine and rectum, and ends at the anus. After food has been chewed and broken down by saliva, the act of swallowing pushes the food down the esophagus. The esophagus empties into the stomach.

Partial digestion of the food takes place in the stomach. The stomach takes the swallowed food, and by the churning action of the stomach muscles, it physically breaks down the food. The stomach releases hydrochloric acid and enzymes for the chemical breakdown of food. The enzyme pepsin is responsible for protein breakdown.

Hydrochloric acid in the stomach kills bacteria by sterilizing it. It helps to absorb minerals like magnesium, sodium and iron. Hydrochloric acid is very corrosive and has the ability to digest the stomach were it not protected by a mucus lining.

When hydrochloric acid is not functioning properly, it interferes with the stomach's ability to kill germs. Digestive infections, such as ones from bacteria like H. pylori, cause some types of ulcers. The stomach is the main food storage tank of the body. If it were not for the stomach's storage capacity, we would have to eat constantly instead of just a few times each day.

Two sphincters keep the contents of the stomach contained; the cardiac sphincter (found in the cardiac region), at the junction of the esophagus and stomach, and the pyloric sphincter, at the junction of the stomach with the duodenum.

The pyloric sphincter controls the passage of the partially digested food from the stomach into the duodenum where peristalsis takes over to move this through the rest of the intestines.

How much food does the stomach hold? Because it is a distensible organ, in the adult human, it normally expands to hold about one quart of food.

After learning more about our valuable and incredible stomach, let's determine to learn more about how to take care for it. As they say, "Take care of your stomach the first 40 years and it will take care of you the last 40 years."

(Submitted by Freddie Ramirez RN, WR Church)

Feelings

Feelings are a large part of the Bible and their occurrence precede the voice of God through His Holy Spirit.

This work is generated by a question posed to me by a church member. She asked about the use of the term, “*feeling*”. I wrote,

“The simple truth is that unity may be about the feeling of belonging to a greater whole. The feeling is from the grace which enlivens you to be better as an individual in (the) Church.”

She remarked, “I know the term cannot be ‘*feeling*’ but I do not know what it could be.”

I realize that the term *feeling* is rejected by some churches when it pertains to a Theological issue. Plus, there is no place for feelings in a pragmatic Religion such as in ours. It can lead to a misinterpreting of Holy Scriptures. Certainly it is bound to disrupt any doctrinal attempt. Feelings speak of the temporal life of things before us, and not the spiritual things. They just don’t rate as being valid insights at all.

These represent some of the objections I have heard. I am left with the impression that the folks have an inherent bias regarding the use of “feeling” applied to a Theological fact. I would like to state that I chose the term with much thought and care to elicit just this response.

“a time to weep, and a time to laugh; a time to mourn, and a time to dance; ...
a time to love, and a time to hate; a time for war, and a time for peace. Ecc 3:4,8

If any man come to me, and hate not his father and mother, and wife, and brethren, and sisters, yea, and his own life also, he cannot be my disciple. Luke 14:26

Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.” John 14:27

I could quote many more references to “*feelings*” from the Bible. If you are of the kind of church member that discounts the fundamental nature of feeling to the thoughts of the prophets and the word of God, I beg you not be so hasty in your judgments. Just think about its use in the presentation its in. Examine it closely, and it could surprise you with new hidden meanings. Or, it could be that it just is used wrong and discounts the authors point.

After all, it is up to you to harness the gifts that are given to you. By God’s wonderful grace we are able to stand and proclaim our faith in the beliefs we cherish.

Where does peace and unity come from if not from a feeling of God?

Ken Wilson October 14, 2016

Stevens Point 2017 Planning Meeting

On Sunday, October 16th, the Stevens Point church board and other interested parties met to plan our calendar of events for 2017. As we talked about our plans for the year ahead, we became more and more enthused. The word “enthusiasm” comes from two Greek words, “theos” (God) and “en”, meaning inside. Enthusiasm means having God within, filled with the Holy Spirit. If that’s so, the Holy Spirit was certainly there that morning in abundance. Buckle your seat belts, because if all our plans and dreams come true, God willing, this church is going to be bustin’ with activity. We are planning events to be held every Tuesday night, in succession, through the end of the year. There will be a financial seminar, cooking events, a family-based discussion, Depression Recovery, one large fall evangelism mission and a smaller one in the spring. We’re also very excited about the District Rallies being held on those months that have a fifth Sabbath! What a blessing to be able to meet with our friends and family from other churches in the district and have a chance to get to know everyone a little better. If our Stevens Point members are reading this and not jumping up and down and saying “Where do I sign up?”, they must be sleeping!

Take part, and pray that God continues to bless us mightily in these endeavors so that we may be a blessing to others!!

- Submitted by Koreen Boettcher

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If you would like to become a part of this publication, we would be honored to have your help. Please contact us with your contributions...

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In the middle of God's Love

At five in the morning,
I walked out the door;
Not knowing the beauty
That was in store.

The first thing I felt,
Was a mist on my face
As down the country road
I slowly paced.

The sky in the east
Was a shimmering gold,
With a pink and purple
Mixed in to behold.

As I turned around
To face the west,
There was a bright perfect rain-
bow
In all it's beauty dressed.

The birds then flew over,
Chirping their song;
So I twirled all around
And sang along.

Such a wonder!
All this brilliance above;
I felt warmly wrapped
In the arms of God's Love.

Written by Nona Schmidt, Iola WI

Almond Church Update

We are happy to announce that our newly remodeled kitchen is ready for use. For many years our kitchen was not really functional. We would like to give thanks to Bill Boehm for his efforts in the work that was done and also the time spent in selecting the new appliances. We look forward to the many blessings through events that will originate from this new kitchen. We had one test run after service and served pot luck in the basement. It was nice staying at the church to eat but it's also been kind of a tradition to go to the Tess farm too. You know how we are with change...

Last spring, we did some reconstruction work to a basement wall and then remodeled one of our classrooms. This spring, we will continue with that process and repair the wall on the other corner and take care of the remodeling of the other classroom.

