

GRACE NOTES

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Occupation Forces

In times of military conquest foreign fighters invade and occupy the territory of the country in which they have invaded. These individuals are referred to as "Occupation Forces". It is their duty and responsibility to capture, secure and maintain the territory of their enemies until they are victorious. The goal of these liberators is to seize as much of the enemy territory as possible until they conquer them. For example, think of the Allied forces of WWII during the European and Pacific campaigns.

Jesus tells us in a parable in Luke 19 about "a

nobleman (Jesus) who went to a far country to receive for himself a kingdom, and to return." However, before leaving He gathers to Himself ten servants and gave them funds and charged them with a sacred duty. His command to them was to "Occupy until He comes". After sometime He "returned ...", then He commanded these servants to be called unto Him, to whom He had given the money, that He might know how much every man had gained by trading."

As the nobleman in this story invested in his stewards, Jesus has invested a great deal in



His trusted disciples, us. Every follower of Christ, has been given by the power of the Holy Spirit, gifts and talents to be invested in the growth of His kingdom. Just like the stewards of the nobleman, we too will be held accountable for how we have used our time, talents, gifts and finances to advance the kingdom of God.

Instead of thinking of spending time doing our

jobs, tasks, and errands, perhaps we could see these activities as opportunities to invest in kingdom building. At work we can be used of the Lord Jesus to work as unto the Lord. Setting a good example to others. We can find subtle and not so subtle ways to share the love of Jesus and His Gospel truth. As we go about our days we can share truth with others in our conversations or give them lecture; like traces, books and publications or just some "kind" words.

Everywhere we go we meet people and are given opportunities to witness of the love of God and His great mercy towards humanity. What we do with those opportunities could mean the

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ELDER'S CORNER

The Final Exam

By Eric James Anderson

The final exam to your last class is about to begin. It is a pass or fail test but luckily it is an open book test. You arrive on time and sit down in the front row. You wait nervously as a few students begin to enter the classroom one at a time. Some of your classmates don't look nervous at all, others look much more nervous than you. Their faces pale and hands shaking. You hastily look through your notes, reviewing difficult subjects and poorly memorized

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diagrams. Finally the teacher walks into the classroom and closes the door. The teacher begins to pass out the exam. It is then that you notice exactly how few students are actually in the room. In fact, the vast majority of the class is gone! Didn't they know this test determines their grade for the entire class. If they don't pass this test they will fail the entire class. You feel a little sad for the missing students.

The teacher begins to speak. "You all have exactly one hour to complete this test. As you all know, this is an open book test but that won't help you if you are not at all prepared. I wish you all good luck. Your test begins now." Less than a dozen students began furiously writing. The test was set and the books were opened.

During the final exam you are in the midst of taking, you glance out the window for just a moment and to your surprise, you see several of your missing classmates walking down the sidewalk laughing with friends. Another is dressed in their work uniform, climbing into their car. Just then you remember that a few of your classmates had said they needed to save some money for a new car they were planning on getting. You also recall another student telling you last week how boring they thought the class was and they were planning on dropping out sometime soon anyway.

The test was halfway over when a student to your left began mumbling quite loudly under his breath.

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THE 12 TRIBES OF ISRAEL

DAN

Leah had already bore Jacob four sons in rapid succession. For Rachel, this had become intolerable. She wanted children so badly. In an age when life offered women little fulfillment outside of marriage and the home, the wife with empty arms became a pathetic figure. Also the acquisition of sons was a status-builder. A childless woman often lacked respect and recognition. True, Rachel's husband loved her with a constancy and passion that had made his 7 years of labor to pay the dowry price seem "but a few days" Gen: 29, 20, but that was not enough.

She cried to Jacob, "Give me children, or I shall die!" Gen 30:1. What she couldn't foresee, of course, was that it would be in the getting of children that she **would** ultimately die.

Meanwhile Jacob exclaimed, Am I in the place of God? What can I do about it? verse 2. The fiery

Rachel decided to take matters into her own hands.

She decided to give her slave girl Bilhah to Jacob as a substitute wife. Rachel could secure motherhood by proxy. The idea, of course, did not originate with her. Sarah and Abraham Gen 16:1, 2 had employed the same device, a common custom, even though it had not contributed to the tranquility of their home. The practice was legal and valid in those days if you did not have a son. But, Jacob did have sons, he had four of them. Rachel's proposal became a means of satisfying her own needs, and it opened up new complications in an already complex family situation.

Bilhah did bear a son whom Rachel named *Dan*, meaning, "God judged." She saw in the child God's acceptance of her claim to motherhood. Dan became the 5th son of Jacob.

Dan had major character flaws. Dan's name does appear over one of the gates of the Holy City in the prophecy of Ezekiel 48:32, but it is **absent** from the listing of the redeemed in Rev. 7. Jacob imaged the problem dramatically:

Dan shall be a serpent by the way, an adder in the path, that biteth the horse heels, so that the rider shall fall backward Gen. 49:17.

This is a description of a horned viper, a small and particularly venomous snake that hides itself in hollow places and attacks passersby. *Criticism and backbiting were qualities of a Danite.* By policy and surprise members of this tribe gain the advantage over their opponents.

Moses avoids the snake imagery and compares Dan to "a lion's whelp that leaps forth from Bashan," Duet 33:22. Dan, has intelligence and initiative. A snake with a reptile's brain is dangerous, but one with a man's mind could be terrifyingly lethal.

Upon arrival in Canaan, they received 17 cities Josh 19:41-46. in an area between Judah and Ephraim. But they found the Philistines there difficult to dislodge from their seacoasts. The situation became so uncomfortable that a large number of Danites chose to find another solution. They decided to go north, out of their allotted land, and take the city of Laish. That is quite a story, with a certain amount of intrigue. You can

read it in Judges 18 and 19. The Danites, through subtlety went on to take the city from the, quiet and unsuspecting citizens, and renamed the city "Dan." They installed a questionable "Levite" type of worship. What they really did was open the door to idolatry that would finally engulf them. Dan was the first tribe to institute idolatry on a tribal scale in Israel.

Samson was the only Judge to emerge from this tribe. His 20 years of forays among the Philistines, however, primarily involved matters of his own personal concern rather than national security. Still his strength and cunning rendered him a tribal hero. His subtlety and double talk probably made him very attractive to his fellow clansmen Judges 14:10-20. He was a true son of the tribe, crafty and scheming.

The story of Dan doesn't reach a happy conclusion on any level. The Israelite tribe disappeared permanently in the Assyrian captivity. Also, the Christian Danites have no assurance of heaven as long as they retain their

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tribal characteristics of deceit, backbiting and idolatry.

A pronounced streak of deception ran through Abraham's family, beginning with him and Sarah, a failing that kept showing up in most of the clan's major members. Dan's deviousness and manipulating became so evident that his tribal sign was a serpent, an association that put him firmly in line with the chief serpent of the Garden of Eden.

So, to sum this up, Dan failed to find his way into the kingdom of God, and is missing from the roster of the sealed. His name is not found on any gate to the City of God. In the list found in the last chapter of Ezekiel, Dan is still present. But he represents those who start out with great promise, and then quit. Why?

Look at the circumstances of his birth. Rachel's suggestion that her husband take her servant set an example for her sister, Leah and brought more rivalry, fric-

tion, hatred, and a host of attendant ills into the family life of Jacob. If God's way had been followed, several of Jacob's children would never have been born. They were not needed in heaven's plan, and were conceived in sin. But God works with what we present to Him and if we cooperate He will transform sinful weak human beings into sons and daughters of the heavenly king.

The best of circumstances and environments will do little for

one who refuses to submit to God's will. Dan has no counterpart in the foundations in the New Jerusalem. But, outside the city, among the raging demons who would claw Christ from His great white throne, he joins the traitor Judas. Levi, has taken Dan's place on the Pearly Gate, and another, Matthias, takes the place of Judas in the topaz foundation. God always has His ministers to fulfill His purpose.

Submitted by: Freddie Ramirez

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"Is there a problem?" the teacher says.

"The only problem is that this test is ridiculous. The wording is difficult to decipher and I don't like the format. Also I don't think you did a very good job teaching this subject this year," said the student.

"I beg your pardon," said the teacher. "You were given a test at the same difficulty as all your fellow students. Please be quiet and keep working!"

The student spoke again, "I don't think you understand me. This is an awful test and you are an awful teacher. Your class is boring and your teaching methods are as slippery as snot!"

The teacher responded, "I don't know what you are talking about."

Just then the student walked to the front of the classroom, tore his test up into tiny shreds and threw them at the teacher.

"I'm done with this class!" the student shouted as he walked out the door. Several students followed out the door as well throwing their torn and wadded up tests at the teacher.

There are seven remaining students in the class when the teacher gives the two minute warning. Four of the remaining students are instantly on their feet looking very worried.

"Teacher, we need more time. Can we have an extra half hour?"

"I'm sorry," the teacher responds, "But everyone was given the same amount of time"

"Yes, but teacher, I didn't get as chance to read the text book all year. I've been so busy with work and basketball practice that I have barley had a chance to look at the book at all. How can I take a test on a book I've never read?"

The teacher responds again, "It was your choice to work instead of study. It was your choice to play instead of study. It was your choice that left all your texts books collecting dust on a bookshelf instead of opening them and learning the lessons that I prepared for you. If you cannot finish the test on time, then please hand the tests back in to me. You are dismissed."

The four students, looking very sad and disappointed, slowly made their way to the front of the room and handed in their unfinished tests. There were tears in their eyes and running down their cheeks as they walked out of the room.

Matthew 22:1-14 KJV "And Jesus answered and spake unto them again by parables, and said, The kingdom of heaven is like unto a certain king, which made a marriage for his son, And sent forth his servants to call them that were bidden to the wedding: and they would not come. Again, he sent forth other servants, saying, Tell them which are bidden, Behold, I have prepared my dinner: my oxen and *my* fatlings *are* killed, and all things *are* ready: come unto the mar-

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MONTHLY HEALTH NUGGET

When does a wound need stitches?

It's tricky to know when a cut needs stitches or some other means of closure. Many minor lacerations will heal by themselves, but some will heal faster and with less likelihood of complications when one of the methods of primary wound closure are used. There are several ways of closing a wound such as:

- **Traditional stitches (sutures).** Suturing is the most common method used for wound closure. Much like repairing a tear in a shirt, suturing involves the use of sterile needles and suture material (usually made from silk or nylon) to sew the wound edges together.
- **Skin staples.** Stapling is most commonly used for deeper wounds that have straight, sharp edges. Wound stapling is particularly useful in closing wounds in the scalp and is often employed in closing surgical wounds.
- **Adhesive strips (butterfly, Steri-Strip™, etc.)** Strips are effective for small cuts and wounds that are not under tension. A laceration on the forearm, for example, would have less tension on the wound edges than one over a knuckle that is stressed each time the finger is moved. A major advantage of adhesive strips is that application is essentially painless.

Skin adhesive (skin glue). Similar to "Super Glue", a skin adhesive such as Dermabond (2-octylcyanoacrylate) is best suited for small, superficial lacerations. The adhesive forms a bond over the wound edges allowing healing to occur below. In evaluating a wound, the medical professional must make an assessment of the method of wound closure that is most appropriate. Reasons to seek a medical opinion on the need for stitches or some other method of primary wound closure include:

1. Deep wounds that extend beneath the dermis of the skin into underlying fat or muscle layers.
2. Wounds that have jagged edges or that gape open.
3. Wounds located over a joint, such as a knuckle or the knee, that would be repeatedly stressed by movement of the joint.
4. Wounds on the face, lips, eyelids, or other areas of the body where a cosmetic result is important.
5. Wounds longer than $\frac{3}{4}$ in or that are deeper than a $\frac{1}{4}$ inch.
6. Wounds affecting the genitalia.
7. Wounds that bleed profusely or continue to bleed despite application of pressure to the wound.
8. A wound in which there is a possibility that a foreign object, such as a piece of glass, remains within the wound.
9. Wounds that result from an animal or human bite. In addition to stitches, these may require a tetanus booster or antibiotics.

Dirty or contaminated wounds that require thorough cleaning before closure options are considered.

Primary wound closure with one of the methods described above should generally be accomplished as soon as possible following the injury. The risk of the wound becoming infected increases the longer a wound remains open. In fact, waiting too long to seek medical attention following a laceration may require that the wound remain open so that adequate cleaning and treatment with antibiotics can be instituted prior to the closure.

[Cuts: When Stitches Are Needed](#) from WebMD

Submitted by; Freddie Ramirez

Ten Scary Ingredients In Your Flu Shot

Vaccines have pros and cons, and it's easy to argue either for or against them. The truth is that vaccines do contain quite a few harmful ingredients. Here, we will examine twelve of the worst ingredients in flu shots, a vaccine that just about anyone can choose to opt out of.

Many of these toxins are present in a variety of other common vaccines, but at least they are in small amounts. Small reactions to vaccinations are common, but severe reactions are rare.

Some people believe that flu shots are among the most dangerous, especially considering that they aren't nearly as necessary as shots like polio and measles. The scary part is that all of the ingredients below are strong toxins to the human body, and some are even recognized carcinogens.

Did you know that the pharmaceutical companies that make vaccines are protected from lawsuits by the government? Like all drugs, these companies make a profit from selling vaccines, and so utilizing the cheapest ingredients is appealing to them. It's easy to think that being protected from lawsuits could reduce their sense of accountability for the health effects caused by the vaccines.

If a severe reaction to a vaccine does occur, you have to make a case to the U.S. government itself. For a period of time in 2013, 70 people who experienced severe reactions to vaccines were granted compensation by the government. Eleven vaccines caused the reactions, yet 42 of the 70 cases – 60% – were caused by flu shots alone.

Now that you know that staggering percentage, here are ten scary ingredients found in flu shots.

Thimerosal is a vaccine preservative that is nearly 50% mercury. It is commonly used in multi-dose flu shots, but is present in other multi-dose shots as well. Single-dose shots and nasal sprays do not contain Thimerosal. Mercury is a strong neurotoxin and has been linked to brain tissue injury, among other internal problems.

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difference between eternal life or eternal destruction. For all of us, as well those God has given us to witness too, judgment is coming soon. How will they know, if no one tells them? Is it not our high calling to be good and faithful witnesses? I know all of us want to hear the Lord declare, "Well done thy good and faithful servant...", but how can He make such a statement if we are not faithful to what He has com-

missioned us to do? Let us not waiver from completing this great work. Now is the time for our final push to the end. Now is not the time to shrink, but the time to rise up and boldly declare, God's judgment hour IS HERE! It is time to take the fight to our enemy and God's advisory. It is time to start Occupying until the Lord's return.

Yours in Christ Jesus
Elder Joseph Perricellia

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riage. But they made light of it, and went their ways, one to his farm, another to his merchandise. And the remnant took his servants, and entreated them spitefully, and slew them. But when the king heard thereof, he was wroth: and he sent forth his armies, and destroyed those murderers, and burned up their city. Then saith he to his servants, The wedding is ready, but they which were bidden were not worthy. Go ye therefore into the highways, and as many as ye shall find, bid to the marriage. So those servants went out into the highways, and gathered together all as many as they found, both bad and good: and the wedding was furnished with guests. And when the king came in to see the guests, he saw there a man which had not on a wedding garment: And he saith unto him, Friend, how camest thou in hither not having a wedding garment? And he was speechless. Then said the king to the servants, Bind him hand and foot, and take him away, and cast him into outer darkness; there shall be weeping and gnashing of teeth. For many are called, but few are chosen."

—Eric Anderson—

Heavenly Waters

I know of a river, a river of heaven;
 Its waters are sweeter than any on earth.
 It flows from the throne of the almighty Father —
 The temple of God is the place of its birth.
 This river is brimming with life-giving water
 That quenches the thirst of the weariest soul.
 It lifts up the dying, refreshes the fainting;
 And cripples who drink it will straightway be whole.
 This river is flowing with water so peaceful
 That never a storm in the journey of life
 Will ruffle the surface. It frees those who drink it
 From satan's dark prison of anger and strife.
 This river is rippling with love in its water
 That cheers the repentant with whispers of hope.
 It strengthens the saints and leads onward the sinners
 Who, blinded by evil in darkness now grope.
 With waters that sparkle and sing in the sunshine
 Of mercy that showers on all who draw near,
 With waters much clearer than transparent crystal
 And purer than snowflakes, there's nothing to fear.
 So, come to this river and drink from its waters!
 Draw near to the fountain of Jesus our Lord!
 Your life will be changed from despair into triumph,
 With blessings of life, love and peace on you poured!

Written by Kenneth Wells

THE DEVIL RIDES A FAST HORSE

The devil rides a fast horse; I found out long ago,
 Because he caught up to me quick, and that is how I know.
 I thought that I was in control, but it was all a lie,
 Satan knew that I would fail, before I even try.
 He was leading me to hell, and I was just his tool.
 I thought I was living right because he had me fooled.
 But when God got fed up, He came right on time;
 He told ole satan to step back, "Because this child is Mine."

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Hello from Wautoma

September 9 will soon be upon us. That is the date of our Grand opening. Many hours have gone into preparing our community Center into a place of Worship. I anticipate that work will continue beyond the 2nd Sabbath of September. However, that should not deter us from engaging in worship services, both for the Wautoma English Mission group and the Wautoma Spanish Mission group.

As mentioned in last month's Grace Notes, enough can't be said for the donation of time and skills by those helping out at our building. Bill Boehm, Darrell Brown, Doug Bruder, Samuel Lopez, Jr, and others have all been helping out in this effort along with Eric Anderson, Tim Schmidt, Steve Bergman and Bruce Runnels.

Moving forward, we continue to seek God's guidance, blessings and mercies as we reach out to both the English and Spanish populations in and around Wautoma. Both our English and Spanish groups are working together, sharing the same worship facilities. Our

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Happy Birthday!



September Birthdays

- 3 Nathan Lowry
- 10 Elizabeth Lee
- 12 Chaeli St. Bernard
- 13 Mel Schmidt
- 18 Albin Ruchinski
- 19 Reggie Buettnner
- 19 Alan Anderson
- 16 Myriam Lopez
- 22 Sherri Riggle
- 27 Eric Anderson



Surrounded

Surrounded by thunder and lightening, it rains in my mind.

Pursued by the enemy, I'm running out of time,

Where do I go today, where can I hide?

Will it be okay today, God? Will I survive?

I'm surrounded by hate, surrounded with pain.

I feel like these clouds will always rain.

They are getting closer now, I feel the fight in my soul.

But don't worry, God because I won't let go.

Surrounded by fire, I stand brave in these flames.

Because I can't be burned, and I won't be shamed.

I may be surrounded by darkness, surrounded by night,

But they can't take away God—My light.

They are advancing, all I smell is fire and rain,

And through the smoke, I hide in flames.

I'll sharpen the sword and sleep with my armor tight.

I won't give up God, I'm ready to fight.

Written by Kenneth Well, 8/3/17

Ready Or Not?

People of God, what are we waiting for?

Really, Whom are we waiting for?

Jesus, You extend to us Your nail-scarred Hands
As a welcome of Your love, mercy and forgiveness
To every nation, tribe and land.

Jesus, to meet You in the air, we must get ready!

Jesus, when You come, we must be ready!

People of God, with Jesus we must be steady.

All that is worldly, let us put aside,

And just be on Jesus' Side.

There's no time along the way to glide,

And from Jesus no longer hide.

Jesus, You took all our sins' blame;

That's why to this earth You came.

In your service let us never be lame.

Our life is serious, it is no game.

Your Sabbath Day, Lord God,

By many people has been framed.

Your truth of the Sabbath Day

By us will be proclaimed!

Dolores Shudarek

Prophecy Highlights for Today

Miller's Rules of Prophetic Interpretation (Part 1)

"We should know for ourselves what constitutes Christianity, what is truth, what is the faith that we have received, what are the Bible rules—the rules given to us from the highest authority." (1888 Materials 403)

In the little book entitled, *Views of the Prophecies and Prophetic Chronology*, William Miller gives the following simple but intelligent and important rules for Bible study and interpretation:

Rule 1: Every word must have its proper bearing on the subject presented in the Bible. (Matthew 5:17-20)

Rule 2: All scripture is necessary and may be understood by a diligent application and study. (2 Timothy 3:15-17)

Rule 3: Nothing revealed in scripture can or will be hid from those who ask in faith, not wavering. (James 1:5 & 6)

Rule 4: To understand doctrine, bring all the scriptures together on the subject you wish to know, and then let every word have its proper influence, and if you can form your theory without a contradiction, you cannot be in error. (Isaiah 28:9-13)

Rule 5: Scripture must be its own expositor, since it is a rule of itself. If I depend on a teacher to expound it to me and he should guess at its meaning or desire to have it so on account of his sectarian creed or to be thought wise, then his guessing, desire, creed or wisdom is my rule, not the Bible. (Psalm 119:97-104)

Rule 6: God has revealed things to come, by visions, in figures and parables, and in this way the same things are often time revealed again and again, by different visions, or in different figures, and parables. If you wish to understand them, you must combine them all in one. (I Corinthians 14:6-9)

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(Prophecy-Continued from page 7)

Rule 7: Visions are always mentioned as such. (II Corinthians 12:1-6)

There are seven more rules of prophetic interpretation that will be covered next month. I hope that you will enjoy this monthly highlight in Bible prophecy. Come and join us in Wautoma for further insight and understanding of *Prayer and Prophecy* each Wednesday night from 6:30-8:30 p.m.

Miller's Rules of Prophetic Understanding (Part 2)

"We should know for ourselves what constitutes Christianity, what is truth, what is the faith that we have received, what are the Bible rules—the rules given to us from the highest authority." (1888 Materials 403)

In the little book entitled, *Views of the Prophecies and Prophetic Chronology*, William Miller gives the following simple but intelligent and important rules for Bible study and interpretation:

Last time we looked at the first seven rules, here are the last seven to consider:

Rule 8: Figures always have a figurative meaning, and are used much in prophecy, to represent future things, times and events; such as mountains, meaning governments; Beasts meaning kingdoms; Waters, meaning people; Lamp, meaning word of God; Day, meaning year. (Daniel 2:35; Daniel 2:44; Daniel 7: 8 & 17; Revelation 17: 1 & 15; Psalm 119:105; Ezekiel 4:6)

Rule 9: Parables are used as companions to illustrate subjects, and must be explained in the same way as figures by the subject of the Bible. (Mark 4:13)

Rule 10: Figures sometimes have two or more different significations, as the day is used in a figurative sense to represent three different periods of time. (Ecclesiastes 7:14; Ezekiel 4:6; II Peter 3:8)

Rule 11: How to know when a word is used figuratively. If it makes good sense as it stands, and does no violence to the simple laws of nature, then it must be understood literally, if not, figuratively. (Revelation 17: 3 thru 7; Revelation 12: 1 & 2)

Rule 12: To learn the true meaning of figures, trace your figurative word through your Bible, and where you find it explained, put it on your figure, and if it makes good sense you need look no further, if not look again. (Isaiah 28:13)

Rule 13: To know whether we have the true historical event for the fulfillment of prophecy. If you find every word of the prophecy is literally fulfilled, then you may know that your history is the true event, But if one word lacks a

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My Testimony

Lois Watters

My history as a Seventh-day Adventist began in the late 1800s from my great-grandmother and great-grandfather. They learned of the Adventist message at a tent meeting in Hancock, Minnesota. I don't recall when they were baptized, but my great-grandmother attended the 1888 General Conference meeting with her five daughters. I'll never forget hearing about the impression that made upon her. My great-grandfather was a music teacher in Hancock and they remained faithful Adventists all their lives.



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Two generations later, my parents were still going to church until I was about 10-11 years old. At that time, my father's cattle and feed store businesses became overwhelming and they stopped going to church for a time when he was working seven days a week. Many years, though, we did not actually attend church in a church building because of distance and Minnesota winters (the nearest church was over 20 miles away). We attended home churches. There were about three families that attended and we would go to a different home every week. I recall in nice weather in the summertime holding church services outdoors under the trees—what wonderful memories!

When I was fifteen, I went to Beulah, North Dakota, to attend nursing school at the encouragement of my grandmother. Actually, it was not a true nursing school, but rather "hands-on" training at an Adventist hospital there, learning on the job. Within a few months, I was the night nurse at that hospital. My first nursing job was at an Adventist hospital in Beach, North Dakota. It was one of many nursing jobs over many years. After that, I went to Bismarck, ND, and Grand Island, Nebraska. I was baptized in Bismarck, North Dakota on April 24th, 1945.

My husband, Gene, went to Platte Valley Academy in Shelton, Nebraska, and later attended Union College. I met him in Grand Island, Nebraska, when he was in the hospital with a broken leg. We were married on August 12th, 1949, his birthday. He had been baptized in a stock tank; even so, it "stuck" all those years!! After school, he decided to take x-ray training at White Memorial Hospital in Los Angeles. So we packed up a family of three kids, at the time, and moved to LA where we lived for five years. While he was taking x-ray training at White, I ran a day care center near the hospital. He later decided to add lab in addition to x-ray so we returned to Lincoln, NE, where he trained as a lab technician.

Over the years, I have lived in Minnesota, North Dakota, Nebraska, Wyoming, California, Colorado, and now Wisconsin where I live with my daughter and son-in-law, Marilyn and Darrell Brown. Over the years, I continued to work as a nurse until I retired in 1999 when I developed some medical problems.

I have always believed in the Adventist message and have never swerved from my belief. I was privileged to meet and marry an Adventist Christian man and raise a family with him. Five of our six children are still in the Adventist faith. When my father was 90, I was blessed to see him rebaptized in the faith. Sometime I will tell you about the correspondence I've had for 23 years with a prisoner in Avenal, CA. We met him when Gene and I would visit him in prison on Sabbath evenings when we lived in California. In recent years, he has held Bible studies using the literature I've sent him and many of the men there have shown an interest in the Sabbath. God is good!!

By Lois Watters

(as told to Koreen Boettcher)

(Prophecy-Continued from page 8)

fulfillment, then you must look for another event, or wait its future development. For God takes care that history and prophecy doth agree, so that the true believing children of God may never be ashamed. (II Timothy 2:15)

Rule 14: The most important rule of all is this, you must have faith. It must be faith that requires a sacrifice, and, if tried, would give up the dearest object on earth, the world and all its desires, character, living, occupa-

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SCHEDULE OF EVENTS

Almond's September Events

Sep 01 Prayer Mtg. 7:00 p.m.
 Sep 02 Sabbath – Vegetarian Potluck
 Sep 03 Bible Study (Anderson Home) 5:30 p.m.
 Sep 06 Community Bible Study 7:00 p.m. (Desire of Ages)
 Sep 08 Prayer Mtg. 7:00 p.m.
 Sep 09 Sabbath – Vegetarian Potluck
 Sep 10 Church Prayer Breakfast 9 a.m.
 Sep 10 Corn Roast & Hay Ride 4:30 p.m.
 Sep 13 Community Bible Study 7:00 (Desire of Ages)
 Sep 15 Prayer Mtg. 7:00 p.m.
 Sep 16 Sabbath – Vegetarian Potluck
 Sep 17 Bible Study (Anderson Home) 5:30 p.m.
 Sep 20 Community Bible Study 7:00 p.m. (Desire of Ages)
 Sep 22 Prayer Mtg. 7:00 p.m.
 Sep 23 Sabbath – Vegetarian Potluck
 Sep 24 Bible Study (Anderson Home) 5:30 p.m.
 Sep 27 Community Bible Study 7:00 p.m. (Desire of Ages)
 Sep 28 Beginning of “Shadow Empire” series 7 p.m. (This will continue each Thursday through October 19th)
 Sep 29 Prayer Mtg. 7:00 p.m.
 Sep 30 Sabbath – Vegetarian Potluck

Important Dates

Sunday the 10th – Prayer Breakfast 9:00am
 Corn Roast & Hay Ride 4:30 pm

Stevens Point's September Events

Sabbath, September 2nd – 9:20 a.m. –	Sabbath Services. Sabbath School at 9:20 a.m., Lesson Study is at 10:00 a.m. Worship at 10:50 a.m. Lem is the Elder, Beth is facilitating the lesson and Pastor Perricellia is presenting the message.
Tuesday, September 5th – 7:00 p.m. –	Prayer meeting and Bible Study in the fellowship room.
Thursday, September 7th – 7:00 p.m. –	Community Bible Study in the fellowship room. Maria is leading the discussion.
Sabbath, September 9th – 9:20 a.m. –	Sabbath Services. Sabbath School at 9:20 a.m., Lesson Study is at 10:00 a.m. Worship at 10:50 a.m. Doreen is the Church Leader, Leroy is facilitating the lesson and Dale Mishleau is presenting the message.
Sunday, September 10th - 4:30 p.m.	Corn Roast & Hay Ride at the Tess Farm - Almond
Tuesday, September 12th – 7:00 p.m. –	Prayer meeting and Bible Study in the fellowship room.
Wednesday, Sept 13th – 9:00 – 11:30 a.m. –	Quilting in the fellowship room.
Thursday, September 14th – 7:00 p.m. –	Community Bible Study in the fellowship room. Maria is leading the discussion.
Sabbath, September 16th – 9:20 a.m. –	Sabbath Services. Sabbath School at 9:20 a.m., Lesson Study is at 10:00 a.m. Worship at 10:50 a.m. Darrell is the Elder and is facilitating the lesson and Barry Boettcher is presenting the message.
Tuesday, September 19th – 7:00 p.m. –	Prayer meeting and Bible Study in the fellowship room.

(Continued on page 11)

SCHEDULES, CONTINUED

(Schedules, Continued from page 10)

STEVENS POINT

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| Thursday, September 21st – 7:00 p.m. – | Community Bible Study in the fellowship room. Maria is leading the discussion. |
| Sabbath, September 23rd – 9:20 a.m.. – | Sabbath Services. Sabbath School at 9:20 a.m., Lesson Study is at 10:00 a.m. Worship at 10:50 a.m. Harvey is the Elder and is facilitating the lesson and Mark Cephas is presenting the message. |
| Tuesday, September 26th – 7:00 p.m. – | "Shadow Empire" will be shown at church. This will continue on October 3rd, 10th, and 17th. |
| Thursday, September 28th – 7:00 p.m. – | Community Bible Study in the fellowship room. Maria is leading the discussion. |
| Sabbath, September 30th – | District Rally in Almond. More info to follow. |

Wautoma Church Plant's September Events

- | | |
|----------|---|
| 09/02/17 | Sabbath School 10:00 a.m./Church 11:00 a.m. |
| 09/03/17 | Bible Study (Anderson's) 5:30 pm |
| 09/06/17 | Prayer Meeting/Prophecy 6:30 p.m. @ Capsell |
| 09/07/17 | Women's Group (Anderson's)10:00 am |
| 09/09/17 | Grand Opening 10:00 a.m. Church at
535 S Cambridge Street, Wautoma, WI |
| 09/10/17 | Corn Roast & Hayride @ Tess Farm 4:30 pm |
| 09/12/17 | Board Meeting 9:00 a.m. |
| 09/13/17 | Prayer Meeting/Prophecy 6:30 p.m. |
| 09/14/17 | Women's Group (Anderson's)10:00 am |
| 09/16/17 | Sabbath School 10:00 a.m./Church 11:00 a.m. |
| 09/17/17 | Bible Study (Anderson's) 5:30 pm |
| 09/20/17 | Prayer Meeting/Prophecy 6:30 p.m. |
| 09/21/17 | Women's Group (Anderson's)10:00 am |
| 09/23/17 | Sabbath School 10:00 a.m./Church 11:00 a.m. |
| 09/24/17 | Bible Study (Anderson's) 5:30 pm |
| 09/27/17 | Prayer Meeting/Prophecy 6:30 p.m. |
| 09/28/17 | Women's Group (Anderson's)10:00 am |
| 09/30/17 | Sabbath School 10:00 a.m./Church 11:00 a.m. |

Sept 10th

Annual Corn Roast & Hay Ride



Come to the Tess farm near Almond for an evening of fun, good food and fellowship as the summer season comes to an end and we look towards fall. Arrive anytime after 4:30 p.m. The meal will begin at 5 p.m. with yard games and hay rides after. At dusk enjoy a camp fire with s'mores and hot chocolate.

Sweet corn, baked beans and drinks will be provided. Bring additional picnic items to add – chips, potato salad, finger foods, desserts, etc. Warmer clothing, lawn chairs, musical instruments, favorite yard games, etc.

Call 715-570-2179 with any questions.

SCHEDULE OF EVENTS

Wisconsin Rapid's August Events

Sabbath School & Sabbath Services each Sabbath, beginning at 9:30. Potluck follows the worship service each week. We hope to see you there!

Calendar of Events

Sep 6 Bible study & prayer meeting, 6:30 p.m.
 Sep 7 Neighborhood Table Meal Sponsor
 Sep 9 Pathfinder meeting, 2:00 p.m.
 Sep 13 Bible study & prayer meeting, 6:30 p.m.
 Sep 15-17 Pathfinder Camporee
 Sep 20 Bible study & prayer meeting, 6:30 p.m.
 Sep 27 Bible study & prayer meeting, 6:30 pm.
 Sep 28-Oct 19 Shadow Empire meetings, 7:00 p.m.

Are You In Need of ?

This section is intended as an outreach to help those with needs, also helping those with the need to free up space in their homes by donating those un-needed items to those who have a use for them. May God Bless you for your generosity. If you have items to donate to someone, please let us know.

*****Do you need an electric range? If so, please let us know. We have a 30" electric range with a black glass top. The stove is in perfect working condition and is yours for the asking.**

Thanks.

Harlow and Jane Peterson 715-366-4966

*****The Wautoma Church Plant could use some help paying for the new chairs they ordered for the church. Please consider donating to help this church fill their needs. If you can't make a donation, please remember them in prayer. Don't forget their grand opening on September 9th!**

Give us a call and we'll help you by getting the word out about your needs. May God Bless You All!

Contact us at 715-572-0650 or gracenotesnewsletter@yahoo.com

(Fast Horse-Continued from page 6)

He took me with His holy hand, He cleaned me up really good.

He showed me how to live my life and do the things I should.

He sat me in my rightful place, He gave me all His love.

He told me this is not my home; my home is up above.

I know satan rides a fast horse, but Jesus is my Master, Because the horse He gave to me is just a little bit faster.

Written by: Kenneth Wells

(Prophecy—Continued from page 9)

tion, friends, home, comforts and worldly honors. If any of these should hinder our believing any part of God's word, it would show our faith to be vain. Nor can we ever believe so long as one of these motives lies lurking in our hearts. We must believe that God will never forfeit his word. And we can have confidence that he takes notice of the sparrow, and numbers the hairs of our head, will guard the translation of his own word, and throw a barrier around it, and prevent those who sincerely trust in God, and put implicit confidence in his word, from erring far from the truth, though they may not understand *Hebrew or Greek*. (Matthew 10: 16 thru 39)

Tim Schmidt

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Annual Labor Day Sparta-Elroy Bike Ride

September 3, 2017

Come along and enjoy the beauty of Southwestern Wisconsin on the famous Sparta-Elroy bicycle trail. This 32-mile trail winds through scenic farm land on the old railway bed with gentle grades. 3 tunnels between $\frac{1}{4}$ and $\frac{3}{4}$ of a mile in length are along the trail, providing an enjoyable and sometime damp experience. Vehicles are shuttled between towns along the trail so the chance to stop is guaranteed. Ride all 32 miles or only a portion, that is up to you. A \$5 trail pass is required. Bring food, water, appropriate clothing and your bicycle. Transportation is available and the possibility of an extra bicycle exists. Look forward to seeing you there. 715-570-2179 for more information.



(Flu Shot-Continued from page 5)

Triton X-100 is a toxin when placed in the human body. It can be considered a detergent and is often used in pesticides. A study published in the Proceedings of the National Academy of Sciences journal demonstrated that Triton X-100 decreases viability of cells.

Polysorbate 80 has been linked to infertility and other hormonal issues in mammals. There have been more than a few reports of allergic reaction, even as far as anaphylactic shock, to Polysorbate 80. This is shown in an article published in the British Medical Journal, where an example patient reacted with **severe** side effects to multiple vaccines containing the chemical.

Formaldehyde is a chemical known for preserving dead body tissues. It is a known carcinogen to people, but it is present in flu shots. Mild reactions to Formaldehyde in flu shots are common, usually presenting as flu-like symptoms like coughing and runny nose. More severe reactions occur, too, such as respiratory disease, seizures, and acute abdominal pain.

Phenol is used to make plastic and as a disinfectant. Common reactions to phenol include respiratory tract irritation, skin rashes, and muscle weakening. Studies exposing lab animals to phenol have resulted in severe reactions including death.

Aluminum is widely known as harmful to the body, and many people avoid aluminum in things like deodorants because of its side effects. It can be a neurotoxin and is possibly linked to Alzheimer's Disease.

Nonoxynol is commonly used in spermicides and disinfectants. A study published back in 1991 showed that the chemical caused damage to the skin cells in women who used spermicides containing Nonoxynol, concluding that it can be toxic.

Octoxynol 9 has been shown to cause skin rashes, dizziness, fever, and other issues. It was previously used as a spermicide, but has been discontinued. This ingredient may be present in some flu shots; the compound seems to be closely related to Triton X-100.

Neomycin is present in vaccines for Tdap, Hepatitis A, Hepatitis B, the flu, MMR, MMRV, polio, rabies, smallpox, varicella, and shingles. Antibiotics have various harmful effects on the body, which is why it's important to get antibiotic-free meats and avoid taking antibiotics unless truly necessary. Neomycin in particular has been linked to kidney problems, and can act as a toxin to the ears and the brain.

(Continued on page 14)

GRACE NOTES

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Contribution deadline is the 23rd
of the month

Disclaimer:

The stories, views and opinions expressed in this newsletter are those of the original authors and other contributors and do not necessarily reflect the official policy or position of the Seventh-day Adventist Church, Grace Notes or any of its staff. Thank you...



Mission Statement:

Fostering Unity

Vision Statement:

To be a resource which encourages and inspires unity in our church district; through inspirational thoughts, informative articles and testimonials; preparing for the soon coming of Christ.

Ministry

From Home

Have you ever thought of having a prison ministry? You don't have to leave your home to have this. A letter changes the life of an inmate every time they receive it. Pray that God will lead you to write an inmate. Give an inmate a blessing!

Kenneth Wells Jr. #414034
Red Granite Correctional Institute
PO Box #925
Red Granite WI 54970-0925

The tree stands mighty yet the wind can break it down. The earth can be moved from here to there. My love is unbreakable in real love. Do not offer a man a stone for food but give care and compassion. In this you will help yourself. If he walks a straight line, in his mouth is love that knows no end, if he follows the Lord. There is only one way; I cannot prepare for heaven alone. I am safe in His arms.

Starving poet, D. Bruder

(Wautoma-Continued from page 6)

joint but separate visions of creating both an English church and a Spanish church are being realized. We have been fortunate that temporary facilities have been available to us over the past year but now as we move into our own more permanent worship facilities, we believe that God will help to coordinate our shared use of this one facility, blessing all who will be in worship there.

Our Grand Opening at 535 S. Cambridge Street, Wautoma, WI 54982, will start at 10:00 am on September 9, 2017. Elder Adam Case, the conference Ministerial Director will lead us in worship. Praise God that Wautoma will once again be the home a Seventh Day Adventist Light in the community.

Alan Anderson

(Flu Shots-Continued from page 13)

Betapropiolactone is a toxin and carcinogen that is present in some vaccines for the flu, rabies, and Tdap. The U.S. Department of Health and Human Services has study data that shows that certain levels of exposure to this chemical in rats can lead to organ damage, respiratory distress, and muscle spasms.

Clearly, there's a lot more going on in flu shots than most people are aware of. Many shots, including those for the flu, even contain MSG, the chemical that many people go out of their way to avoid in foods. Some vaccines are necessary, and the small risk of an adverse reaction is much more favorable than the idea of getting a disease like polio.

However, flu shots are rarely required, and many people decide to skip them. There's good reason behind this; even though these chemicals are only present in small amounts, toxins are toxins, and they can still harm us.

About the Author:

Emma Deangela is the best-selling author of The Alkaline Diet Program and 80/20 Fat Loss. She has helped over tens of thousands of men and women to lose weight and transform their health with sound nutrition advice.

Submitted by: Dorothy Tess