

GRACE NOTES

VOLUME 5, ISSUE 10

OCTOBER 2019

**BRINGING UNITY, EVENTS & NEWS TO THE CHURCHES OF ALMOND, OXFORD,
PORTAGE, REEDSBURG & THE WAUTOMA COMPANY**

THE BUZZARD

If you put a buzzard in a pen that is 6 feet by 8 feet and is entirely open at the top, the bird, in spite of its ability to fly, will be an absolute prisoner.

The reason is that a buzzard always begins a flight from the ground with a run of 10 to 12 feet. Without space to run, as is its habit, it will not even attempt to fly, but will remain a prisoner for life in a small jail with no top.

THE BAT

The ordinary bat that flies around at night, a remarkable nimble creature in the air, cannot take off from a level place.

If it is placed on the floor or flat ground, all it can do is shuffle about helplessly and, no doubt, painfully, until it reaches some slight elevation from which it can throw itself into the air.

Then, at once, it takes off like a flash.

THE BUMBLEBEE

A bumblebee, if dropped into an open tumbler, will be there until it dies, unless it is taken out. It never sees the means of escape at the top, but persists in trying to find some way out through the sides near the bottom. It will seek a way where none exists, until it completely destroys itself.

PEOPLE

In many ways, we are like the buzzard, the bat, and the bumblebee. We struggle about with all our problems and frustrations, never realizing that all we have to do is look up!

That's the answer, the escape route and the solution to any problem.... just look up!

-Sorrow looks back,

Worry looks around,

But faith looks up!

Live simply,

love generously,

care deeply,

speak kindly, and

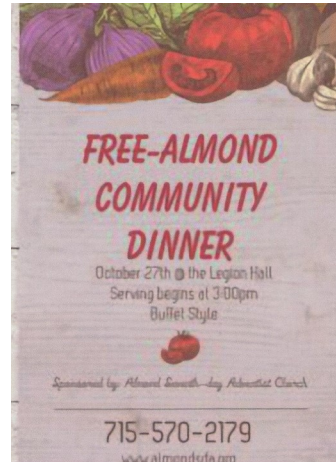
trust in our God,

who loves us.

Almond's October Events

October 2 Study Group 7:00 (J+D Tess home)
 October 3 Study Group 6:30 (Randal Wilson's apt)
 October 4 Prayer Mtg. 7:00
 October 5 Sabbath – Vegetarian Potluck
 October 6 Bible Study (Anderson's) 5:30 pm.
 October 9 Study Group 7:00 (J+D Tess home)
 October 10 Study Group 6:30 (Randal Wilson's apt)
 October 11 Prayer Mtg. 7:00
 October 12 Sabbath – Vegetarian potluck
October 13 Prayer Breakfast (9AM @ the church)
All are welcome
 October 13 Bible Study (Anderson Home) 5:30
 October 15 Business Mtg @ Church (6 PM)
 October 16 Study Group 7:00 (J+D Tess home)
 October 17 Study Group 6:30 (Randal Wilson's apt)
 October 18 Prayer Mtg. 7:00 pm.
 October 19 Sabbath – Vegetarian Potluck
 October 20 Bible Study (Anderson's) 5:30 pm.

October 23 Study Group 7:00 (J+D Tess home)
 October 24 Study Group 6:30 (Randal Wilson's apt)
 October 25 Prayer Mtg. 7:00 pm.
 October 26 Sabbath – Vegetarian Potluck
October 27 Almond Community Dinner 3 PM (Held at the Legion Hall in Almond)
 October 30 Study Group 7:00 (J+D Tess home)



Prophecy Highlights

THE TESTIMONY OF LEWIS HERSEY.

THE WESTERN MIDNIGHT CRY, MARCH 9, 1844 – EXTRACT FROM A TRACT ENTITLED – “PREPARE TO MEET THY GOD”!!: -

The three last verses (i. e. of Daniel 12 – compiler) now demand our prayerful attention. Read them over and over, then fall upon your knees in prayer, and look at them again. If the papal church, which has shed the blood of more than fifty millions of men, women, and children, because they differed from her in matters of faith, is not “the abomination that maketh desolate,” then you may search the world over for it in vain. If it is, then the “daily” must be Paganism; for that alone stood in the way of Papacy, and as soon as that was taken out of the way Papacy took its place. – A. D. 508 is the best authenticated date for this event that I can find; indeed, historical facts are very clear, that the last of the barbarian kings that had conquered Rome was converted to the Catholic faith, and the first papal war commenced this year. The first of these numbers covers the whole ground, from the taking away of the power of Paganism, in the city of Rome, to the taking away of

(Continued on page 6)

New Feature of Grace Notes!

Q&A

Anyone with any questions relating to the Bible or God or anything along that line, submit it and we will find an answer for it. Send your question to gracenotesnewsletter.com or through the regular mail and I will forward them, anonymously, to our Pastor who will answer them.

Question:

What is your understanding of speaking in tongues according to Adventist beliefs?

Read through I Corinthians Chapter 14 and send us your replies. If you want them published in next months newsletter, please say so!

Send in your replies and questions early!!!

FREE HEALTHY COOKING CLASSES

Looking for some healthy, yet tasty recipes? Join us as we demonstrate some delicious, quick, vegan or vegetarian recipes at the Portage Seventh-day Adventist Church at 2100 E State Highway 33 at 6:00 pm. Enjoy sampling the results and take home the recipes. There is no charge, so bring a friend and join us. Call 608-617-8924 if you have questions or to register. (not required, but helps us have plenty of food!)



TUESDAYS

October 15 American Faves

October 22 Asian Delights

October 29 Smorgasbord

November 5 Making Substitutions

Hello from Wautoma,

The application for a new pathfinders group in Wautoma has been submitted. Our group name is the Wautoma Blazers. Cheryl Anderson is the Pathfinder Director and Maria Turon has agreed to assist her. They speak with enthusiasm about going to the Oshkosh Camporee in 5 years with young people making choices for the Lord. If you know of any young people with an interest in Pathfinders, contact Cheryl Anderson.

We are making plans to participate in Shawn Boonstra's next evangelism event in January of 2020.

The window's for the church remodeling project are nearly ready and installation should be complete the first week of October. We look forward to meeting in our new church because it's getting crowded at the Cambridge Street Church, especially during shared pot lucks with the Hispanic church. We still haven't set a date for the move yet as we have more work to do. Keep us in your prayers.

Alan Anderson

Calcium, Protein and Milk

The milk-calcium-protein-bone density myth has been created and perpetuated by intense lobbying of the dairy industry throughout the lifetimes of most adults living today. While in kindergarten and grade school, a great number of the nutrition teaching aids were supplied by the National Dairy Council. As a result, parents, teachers, doctors, lawyers, judges, and significantly, members of congress, have grown up with the not unbiased view that milk is both wholesome and necessary to the daily diet. For several generations, the Council's most effective campaign tool has been to link milk with calcium and bone density.

The dairy industry has not been telling us the truth about the connection between milk and strong bones. Calcium balance, the relationship between the intake and loss of calcium determines bone density, primarily during the growing years and early childhood. If one has a good bone density by the age of 30, it will usually last a lifetime for those consuming a balanced plant-based diet and remaining physically active.

Milk and other dairy products, although rich in calcium, are excessively high in animal protein, which creates an acid condition and has been shown to create calcium loss from the bones through the urinary tract, in order to neutralize the acid condition. The evidence for this loss is substantial.

A 1994 National Institutes of Health Consensus Statement formulated by an expert panel concluded that calcium balance and bone density depended at least 30% on the ratio of calcium intake to loss, not on calcium intake alone.

This may explain why countries with the highest consumption of dairy products also have the highest incidence of osteoporosis—and why bone fracture rates in these societies are more closely tied to excess protein consumption than to *inadequate* calcium consumption. Exceptions exist, but it's interesting that countries with the highest animal protein consumption are the very countries with a higher than normal recommended daily allowance (RDA) for calcium.

Higher animal protein consumption would require a higher intake of calcium to offset the adverse effects of the extra protein!

Elderly South African Bantu women, who consume a very low protein diet (50 grams daily,

(Continued on page 5)

Happy Birthday !!!

JoAnn Tess	10/1	ALMOND	
Jane Hahn	10/3	REEDSBURG	
Mike Minier	10/3	OXFORD	
Carolyn Clausen	10/3	PORTAGE	
Rick Nelson	10/4	OXFORD	
Alan Hahn	10/5	REEDSBURG	
Craig Krause	10/5	PORTAGE	
Don Stoltz	10/18	REEDSBURG	
Rosemary Bruder	10/20	ALMOND	
John Brown	10/24	PORTAGE	
Michelle Grady	10/24	PORTAGE	
Rodney Hahn	10/25	REEDSBURG	
Lawrence Hahn	10/27	REEDSBURG	
David & Michelle Grady	10/29	PORTAGE	HAPPY ANNIVERSARY!!!



(Milk-Continued from page 4)

compared to 91 grams for Americans) and only 450 mg. calcium daily, have little or no osteoporosis despite the calcium drain of nursing an average of 10 children.

On the other hand, Eskimos, who are very physically active, consume a very high protein diet (250-400 grams, mostly from fish) and have a calcium intake of over 2,000 mg. daily. Yet

2

they have the highest rate of osteoporosis in the world! So the high protein content of milk—yes, even skim milk—could well undermine its high calcium content. Milk, it now seems clear, is not the solution to the malady of poor bone density. Rather, it's almost certainly a part of the problem.

(Adapted from the Forward of the book, Mooove Over Milk)

Submitted by Dorothy Tess

The Portage Patriots Pathfinder Club is putting together a "Healthy Diet Cookbook" fundraiser. Please forward your favorite Recipes to Steve Collins at fscdriver@yahoo.com Funds will be used to defray expenses to the Oshkosh world-wide camperee! The books will be beautiful to see and lay flat for maximum functionality as well. Each recipe will include the contributor's name. Be a part of the Pathfinders experience! We all need one of these!!!

If you have anything coming up in your church that needs to be promoted, please let us know. We would be happy to promote your event or to share stories of your event after it happened. We are also looking for human interest type stories or anything that has touched your life. Share with others so that we can all be touched in the way that you were. We all have a testimony!

(Prophecy-Continued from page 2)

the dominion of Papacy in the same place; this marks the commencement of the time of the end to be in 1798. The first of these numbers must mark the time to begin the last; if not, there is none given, and it is of course a dead letter, which we cannot admit for a moment. Beginning the two numbers together, and the first ending in 1798, the last must be about ended!! But what is this blessing upon those who wait, and come to the end of these days? and who are they? Paul shall answer: "We [saints] shall not all sleep, [die,] but we shall all be changed in a moment, in the twinkling of an eye, at the last trump. Then we [saints] which are alive, and remain, shall be caught up together with them [risen saints] in the clouds, to meet the Lord in the air." But do you say that many wicked will wait, and come to this same time? They will indeed come to it, to their everlasting sorrow; but it is only true saints who "wait for his Son from heaven." – Daniel is now told to go his way till the end be, for he should rest, ["Blessed are the dead which die in the Lord, for they rest from their labors."] and stand in his lot at the end of the days. Entering upon his inheritance in the new earth, with all the saints, can alone be the meaning.

THE TESTIMONY OF N. HERVEY.

THE MARRIAGE SUPPER OF THE LAMB; TOGETHER WITH DANIEL'S VISIONS HARMONIZED AND

EXPLAINED. – BY N. HERVEY – 1842, Pages 56 & 57: -

PAPAL ROME. – This little horn waxed exceeding great, toward the south, toward the east, and toward the pleasant land. And it waxed great even toward the host of heaven; and it cast down some of the host, and of the stars, to the ground, and stamped upon them. Yea, he magnified himself even to the prince of the host; and by him the daily (or continual) sacrifice was taken away, and the place of his sanctuary was cast down; and an host was given him against the daily, by reason of transgression, and it cast down the truth to the ground, and it practiced and prospered. Then I heard one saint speaking, and another saint said unto that certain saint which spake, How long shall be the vision concerning the daily, and the transgression of desolation to give both the sanctuary and the days* host to be trodden under foot? And he said unto me unto two thousand three hundred days.

NOTE. * – "Though literally it be two thousand three hundred evenings and mornings, yet I think the prophetic day > should be understood here as in other parts of this prophecy, and must signify so many years." – Dr. A. Clarke.

PROPHECIES OF CHRIST'S FIRST AND SECOND ADVENT. DANIEL'S VISIONS HARMONIZED AND

EXPLAINED. – BY N. HERVEY – 1843, Pages 88 – 90: -

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Portage Events

Portage SDA Church email address is:

portagesdachurch@gmail.com

Portage SDA Church Facebook:

Type: Portage Seventh-day Adventist

Radio station:

WPSA LP 93.5 FM



Don't forget that the annual "Wheelbarrow Collection" is coming up in November. Please continue to save your "loose change" to help **change** the lives of many kids through the Worthy Camper fund and the Koinz 4 Kids funds. Help to bless an unfortunate child attend camp next summer!

(Prophecy-Continued from page 6)

And I heard, but I understood not: then said I, O, my Lord, what shall be the end of these things? And he said, Go thy way, Daniel; for the words are closed up, and sealed till the time of the end. Many shall be purified and made white, and tried; but the wicked shall do wickedly, and none of the wicked shall understand. But the wise shall understand. And from the time that the daily sacrifice shall be taken away, and the abomination that maketh desolate be set up, there shall be a thousand two hundred and ninety days. Blessed is he that waiteth and cometh to the thousand three hundred and five and thirty days. But go thou thy way till the end be, for thou shalt rest and stand in thy lot, at the end of the days,

i. e. the 1335 days, which commenced when the daily sacrifice was taken away, and the abomination which maketh desolate was set up.

Here two abominations are mentioned – the DAILY, and THE TRANSGRESSION OF DESOLATION: Dan. viii. 13. Both of these were desolating powers, although the latter is called, in Dan. xi. 31, and xii. 11, “the abomination that maketh desolate.” The daily refers to Pagan Rome, - the transgression of desolation to Papal. The influence of Paganism, or the daily, began to decline under the agency of the preaching of the gospel, till at length, it entirely ceased, and Christianity became the religion of the Roman Empire; and Constantine gave his influence in its favor, in the fourth century. The altar of Paganism was not entirely removed from Rome, for it was not taken away till about A. D. 508, when, according to Gibbon’s testimony, Vitalian, with an army of Huns and Bulgarians, mostly idolators, declared themselves the champions of the Catholic faith. Hence the taking away of the daily, or the end of Paganism. Then appears the abomination that maketh desolate, or the transgression of desolation. This abomination the Savior refers to in Matt. xxiv. 15; and speaks of its standing in the holy place, and, as Paul saith, sitteth in the temple of God. See 2 Thess. ii. 4. The holy place signifies the church, the people of God, who are called, in the Scriptures, the “holy people.” It is evident that the Savior, in Matthew, alludes to the “transgression of desolation,” the Papal power, and not to the “daily,” or Paganism. The Papal power commenced, as we have seen, 538, when the time of trouble, more especially, began, to the people of God. There has been great tribulation to the church during the 1260 years. “The severity of this tribulation,” says a recent write on this subject, “began to be broken before the 1260 years expired; that the church was to remain in the wilderness. [See Rev. xii. 6.] The kings began to make war on that desolating power, [See Rev. xvii. 12-16,] before the whole period allotted to it had expired; and the

Reformation commenced about the same time, and thus the days in the violence of persecution were shortened, for the sake of ‘the elect,’ the church.”

(Next Monrh: The Testimony of J.V. Himes and Josiah Litch in relation to “THE CORRECT VIEW OF THE DAILY, AS TAUGHT BY THOSE WHO GAVE THE JUDGMENT HOUR CRY!”)

Wednesday Nights in Wautoma @ 6:30 p.m.

(Crisis of the End Time by Marvin Moore is being studied-Come Join Us!)

I DON'T WANT TO GO TO CHURCH!

A mother went to wake her son for church one Sunday morning. When she knocked on his door, he said, "I'm not going!"

"Why not?" asked his mother.

"I'll give you two good reasons," he said. "One, they don't like me. Two, I don't like them."

His mother replied, "I'll give you two good reasons why YOU WILL go to church. One, you're 47 years old. Two, you're the pastor!"

Wautoma Schedule of October Events

- 10/2/2019 Prayer Meeting and Prophecy study at 6:30 p.m.
- 10/4/2019 Vespers at Church to begin 1/2 hour before the Sabbath
- 10/5/2019 Sabbath School/Church @9:30 a.m./11:00 a.m.
- 10/6/2019 Bible Study @ the Anderson's starting at 5:30 p.m.
- 10/7/2019 Women's Group starting at 10:00 a.m. at the Andersons
- 10/9/2019 Prayer Meeting and Prophecy study at 6:30 p.m.
- 10/11/2019 Vespers at Church to begin 1/2 hour before the Sabbath
- 10/12/2019 Sabbath School/Church @ 9:30 a.m./11:00 a.m.
- 10/13/2019 Bible Study @ the Anderson's starting at 5:30 p.m.
- 10/14/2019 Women's Group starting at 10:00 a.m. at the Andersons
- 10/16/2019 Prayer Meeting and Prophecy study at 6:30 p.m.
- 10/18/2019 Vespers at Church to begin 1/2 hour before the Sabbath
- 10/19/2019 Sabbath School/Church @ 9:30 a.m./11:00 a.m.
- 10/20/2019 Bible Study @ the Anderson's starting at 5:30 p.m.
- 10/21/2019 Women's Group starting at 10:00 a.m. at the Andersons
- 10/23/2019 Prayer Meeting and Prophecy study at 6:30 p.m.
- 10/25/2019 Vespers at Church to begin 1/2 hour before the Sabbath
- 10/26/2019 Sabbath School/Church @ 9:30 a.m./11:00 a.m.
- 10/27/2019 Bible Study @ the Anderson's starting at 5:30 p.m.
- 10/28/2019 Women's Group starting at 10:00 a.m. at the Andersons
- 10/30/2019 Prayer Meeting and Prophecy study at 6:30 p.m.

PATHFINDERS

There were quite a few pictures of the Pathfinders Camporee that was held in Oshkosh on the EAA grounds recently. They are worth looking at but you will have to go on the web to <https://www.almondsda.org/district-newsletter/2019> in order to see them. There was just too much to print and still be able to see them properly.

Thank you for your understanding.

LIQUID, FRAGILE OR PERISHABLE?

When a woman decided to send the old family Bible to her brother in another state, the postal worker asked her if there was anything breakable in the package.

"Only the Ten Commandments," she replied.

Recipe Corner

Our potluck meals are the best.

Share some of your best vegetarian or vegan recipes for others to try. Send it to us and we'll share it for you.

Healthy food doesn't have to taste bad!

This month you will see some of the recipes that were demonstrated and served at the Healthy Cooking Class held at the Reedsburg Church. The theme was Mexican breakfast, lunch and dinner. Enjoy!!!

A big thank you to Dawn and Rodney Hahn for sharing these with us...

Cauliflower Ceviche (Serves 4)

- 1 head Cauliflower
- 1 cup diced tomatoes
- 1 cup diced cucumber, peeled
- 1 medium red pepper, chopped
- 1 carrot peeled and shredded
- 1 Serrano pepper or jalapeno, de-seeded and minced
- ½ cup white or red onion finely chopped (to taste)
- ¼ - ½ cup cilantro, chopped (to taste)
- 3 TBSP lime juice (fresh 1-2 limes)
- 2 Avocados (optional)

Directions:

Bring water to a boil in a large pot. Fill a large bowl with ice and water. Drop cauliflower into the boiling water and cook for 2-4 minutes. Drain cauliflower and place in the bowl with the ice water. This will shock the cauliflower and stop the cooking process. Let cool. Chop cauliflower into small pieces. In a large bowl combine the cauliflower, tomato, cucumber, pepper, carrot, onion, jalapeno, cilantro, avocado and the lime juice. Mix well. Season with salt and pepper and let marinate for 30 minutes.

Adjust seasoning and serve on top of tostadas or with chips.

Mexican Wedding Cookies

- 1 cup butter or dairy free butter alternative (room temperature)
- 1/3 cup confectioners' sugar
- 1 tsp vanilla
- 1 ½ cups of pecans or walnuts, finely chopped
- 2 cups of All-Purpose Flour
- ¼ tsp salt
- 1 cup confectioners' sugar for dusting

(Continued on page 11)

Are You In Need of ?

This section is intended as an outreach to help those with needs, also helping those with the need to free up space in their homes by donating those un-needed items to someone who may have a use for them. May God Bless you for your generosity. If you have items to donate to someone, please let us know.

715-572-0650

or gracenotesnewsletter@yahoo.com

To give away:

Business office desk. It is still in good shape but has seen many years of use so it contains minimal wear and tear on the front, around the drawers especially. All the drawers are in good working condition and the lockable drawer works.

30" tall X 60" wide. 715-570-2179

Looking to find:

Looking for either a double or queen size bed. Best if it's complete with frame, box spring and mattress. Doesn't need to be perfect but not ready for the junk pile either.

Also looking for a dresser.

(Contact gracenotesnewsletter@yahoo.com)

Almond SDA Church

Sabbath School: 9:30 a.m.

Worship Service: 11:00

Potluck follows service each week!

1340 Elm St.

Almond WI 54909

715-570-2179

www.almondsda.org

Pastor: Steven Hall 407-461-2095

Wautoma SDA Company

Sabbath School: 9:30 a.m.

Worship Service: 11:00 a.m.

Potluck follows service each week!

535 S. Cambridge

Wautoma WI 54982

920-765-0961

wautomawi.adventistchurch.org

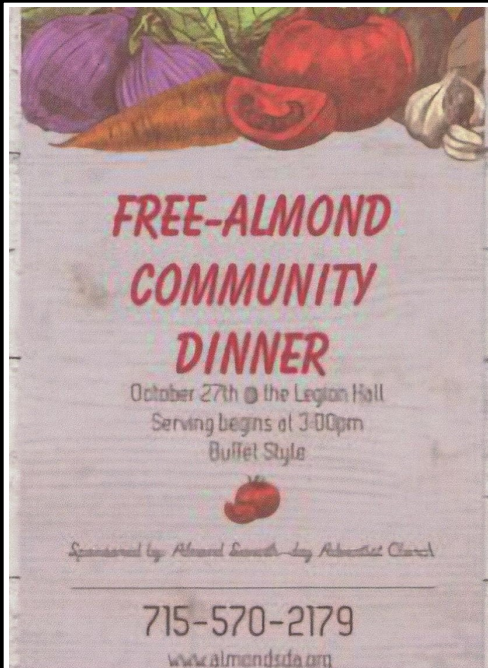
Website under construction!

(Recipes-Continued from page 9)

Directions:

Preheat oven to 325. Lightly grease a baking sheet or line it with parchment paper. Cream butter and sugar together until soft and well blended. Add the vanilla. Gradually add the flour, salt and pecans and mix well. Chill the dough for 1 hour (optional). Roll the dough into 1-inch balls. Place on baking sheet. Bake about 15 minutes. They will be ready when their bottom is beginning to brown and the cookies are firm. Remove from oven and let them cool for 5 minutes. Transfer to a cooling rack. Once cool, roll in the 1 cup confectioners' sugar. Store in an airtight container at room temperature. You can freeze these cookies. You may have to roll them in confectioners' sugar again if you do freeze them.

When you make these, please remember to have me come over and taste test them before you allow others to eat them. You may want to make an extra dozen or so for my quality control process. Just kidding, but they are really delicious!



Don't forget to pass the word around about the BIG FALL COMMUNITY DINNER that is being held on October 27th at the Legion Hall in Almond. Check out our website "www.almondsda.org" for more information.

We hope to see you all there!

If you would like to volunteer your time or cooking talents or donate towards the costs involved in this, please contact us at:

gracenotesnewsletter@yahoo.com

Oxford SDA Church

Sabbath Worship Times
 Sabbath School @ 9:15 a.m.
 Worship @ 10:40 a.m.
 322 E Chauncey St
 Oxford, WI 53952-9064
 608-586-5770
 PASTOR: STEVEN HALL
 407-461-2095

Portage Seventh-day Adventist Church

2100 E State Road 33
 Portage, WI 53901-1468
 608-742-4695
 Pastor: Steven Hall 407-461-2095

Service Times:
 Sabbath School: 9:30 a.m.
 Worship Service: 11:00 a.m.

Reedsburg SDA Church

115 S. Oak St.
 Reedsburg WI 53959
 Pastor: Steven Hall 407-461-2095

Join Us This Saturday
 Sabbath School: 9:30 a.m.
 Worship Service: 10:30 a.m.

We have bible studies on Wednesday evening's at 6:30 at the church. We are starting the book of John on video.

GRACE NOTES

Mailing Address:
Grace Notes
c/o Rick Felts
286 Warren St.
Redgranite WI 54970

Phone: 920-240-6570
E-mail: gracenotesnewsletter@yahoo.com

Contribution deadline is the 23rd
of the month

Disclaimer:

The stories, views and opinions expressed in this newsletter are those of the original authors and other contributors and do not necessarily reflect the official policy or position of the Seventh-day Adventist Church, Grace Notes or any of its staff. Thank you...

Pictures are best viewed on the website. <http://www.almondsda.org/district-newsletter/2019>



Mission Statement:

Fostering Unity

Vision Statement:

To be a resource which encourages and inspires unity in our church district; through inspirational thoughts, informative articles and testimonials; preparing for the soon coming of Christ.

Ministry From Home

Have you ever thought of having a prison ministry? You don't have to leave your home to have this. A letter changes the life of an inmate every time they receive it. Pray that God will lead you to write an inmate. Give an inmate a blessing!

Kenneth Wells 414034

Sturtevant Transitional Facility

PO box 903

Sturtevant, WI 53177

Letters to the editor...

If you have ideas, thoughts, complaints or opinions, write to us. This column will appear each month.

Send emails to

["gracenotesnewsletter@yahoo.com"](mailto:gracenotesnewsletter@yahoo.com)

Thanks,

Grace Notes Editor

Do you love haystacks?

If you're an Adventist (in the U.S.A., at least), you probably grew up eating haystacks (maybe even 2 or 3 times a week). Have you ever wondered about their origin? Here is a piece from an Adventist Review article on it:

"In the early 1950s Ella May Hartlein (pictured left) and her husband lived at Arizona Academy (before it became known as Thunderbird Academy), where Mr. Hartlein was dean of boys. The young family enjoyed dining out at a local Mexican restaurant, and they were fans of the tostadas. Before long the Hartleins moved to Idaho, then on to Iowa, serving at an academy there. There was a clear shortage of Mexican restaurants in those locales, and the Hartleins missed their beloved tostadas.

"For a Fourth of July picnic, faculty women got together to figure out what to serve the crowd. Mrs. Hartlein, who by now had improvised and come up with a dish that would satisfy tostada cravings, had a suggestion. "I'll tell you something we've had," she said. And out came the story of how she began using Fritos for tostada shells and adding beans, lettuce, other veggies, and cheese. "So this is what I suggested to the other faculty ladies to serve at the picnic," said Hartlein. The kids thought it was wonderful, so the school adopted the recipe and served it every week.

"One of the faculty members was approached by the local newspaper to share recipes from the faculty women for a small feature article. When the recipes were turned in, this concoction of chips, beans, cheese, and veggies was labeled "Hartlein Special," for Ella May. From there the dish went forth, though it is unclear when people began referring to it as "haystacks."

"Many years later, when a local pastor first came to Sligo Seventh-day Adventist Church in Takoma Park, Maryland, where Mrs. Hartlein is a member, she introduced herself to him. He immediately asked, "Are you connected with Hartlein Special?" Clearly, the dish, and its fame, have gone far and wide, known today as haystacks, and loved the world over by many."

By Wilona Karimabadi, November 26, 2009



**PATHFINDERS
FROM
THE PORTAGE
CHURCH
AT THE BIG
CAMPOREE
IN OSHKOSH
HELD ON
THE EAA GROUNDS**





